



Principal Lindsey Matkin

Assistant Principals
Kyle Healy
Erin LaRue

Main Line 970-488-5400

Attendance Line 970-488-5401

Visit our

website

to learn more about

Kinard.



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Turkey Round-up: A Huge Success!

Kinard Community, thank you so much for your generosity and giving spirit during our Turkey Round-up in November! Together, we donated 140 frozen turkeys, chickens, and hams to the Larimer County Food Bank- more than we've ever donated before! Thank you to everyone who participated. Great job, Kinard! And we want to send a special thank you to our turkey wrangling team: the Darrow family and all the NJHS students who helped collect the turkeys. You're the best, Mustangs!



Is it just a phase?



CAYAC Child, Adolescent, and Young Adult Connections

Helping youth and families find answers, options and support.



CHILD, ADOLESCENT, AND YOUNG ADULT CONNECTIONS

970-221-3308

Lego Robotics

Our Lego Robotics teams represented Kinard with character and excellence at the First Lego League Poudre Qualifier Tournament last month! Two of our teams were among the six chosen to advance to the state competition at CU Denver on December 6. Kinard earned second place overall in the research/innovation category, and we also received an award for demonstrating the

core values of Lego Robotics, including discovery, innovation, impact, inclusion, teamwork, and fun. Congratulations to all of our Kinard Robotics competitors, and a huge thank you to Mr.

Berthold, Mrs. Grigg, and all the staff and parent volunteers, who helped to make this experience possible for our students! Great job, Mustangs!





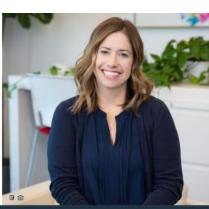
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WORK WITH SARAH TYLER

your local realtor



Kentwood

Lego Robotics

continued









Sponsorship space in this newsletter is extremely affordable!

Reach parents in your local community & a significant portion of your investment goes back to the school!

Want to sponsor this school?

Please contact Rob Mangelson at **Rob@tscacolorado.com** or (720) 878-4107.



Student Leadership: Kinard C.A.R.E.S. Service-Learning Trip

In November, the year-long Kinard C.A.R.E.S. leadership class traveled to Catalina Island to participate in an environmental leadership program off the coast of California. Students in this class are focused on a vision of raising environmental awareness while making a difference in their local community. The aim of the class trip to Catalina Island is to provide students with authentic and engaging learning experiences that reflect the civic responsibilities that the students will face as citizens in the real world.

While on the island, students engaged in an experiential-based outdoor learning curriculum that taught them important principles about the environment. Using one of the most diverse ecosystems on the planet as their classroom, students explored a local watershed and cove and learned about healthy ecosystems while developing interpersonal leadership skills.

While the trip was filled with recreation and adventure, it was far from a vacation. Students participated in a variety of service-learning projects to enhance the Catalina Island community. Students built trails and planted new native plants as a part of an on-going project which Kinard students have been a part of for over 15 years. Another service project taught students about healthy food choices and composting principles.

In addition to learning about sustainable environmental practices, students enhanced their leadership skills and personal growth through team-building activities that included ocean kayaking, a high ropes course, and night snorkeling.

To learn more about Kinard C.A.R.E.S., visit www.kinardcares.org.

Supporting Schools & Local Businesses

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Communications

Agency



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Student Leadership: Kinard C.A.R.E.S. Service-Learning Trip continued







Student Leadership: Kinard C.A.R.E.S. Service-Learning Trip continued

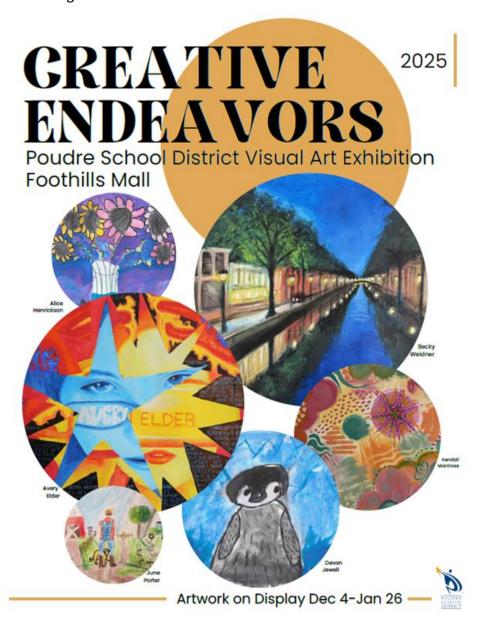






PSD Art Show

Great news! The Creative Endeavors Art Show, showcasing selected student artwork from all of PSD's schools, will be on display at the Foothills Mall from December 4 through January 26. This show recognizes students' achievements in the visual arts and features a diverse mix of art mediums from painting and sculpture to collage and digital arts. Thanks to Mrs. Houston and Mr. Vizzini for all the hard work and support of our students to create such beautiful pieces. Stop by to check out the amazing artwork from our Mustang artists!



Volunteer Opportunities

We need your help to ensure our end-of-the-semester celebrations are successful! In December, we are looking for some help from our valued parent community to help make upcoming celebrations and events special. We appreciate the time, dedication, and energy our parents put into supporting our staff and students in so many different ways!

Please read below and consider signing up using the provided links if you are willing and able. If you are signing up for an opportunity that requires any interaction with students (cookie boxes, book fair), you must be a <u>registered</u> <u>volunteer</u>. Please contact us if you need help with that process.

- Book Fair: We are excited to be holding our annual Scholastic Book Fair from December 9-12. If you are interested in helping with this beloved student event, please <u>sign up here</u>. We need volunteers to help set up, run, and break down the book fair.
- Staff Celebration Breakfast: The Kinard staff will spend their last staff meeting on December 17 celebrating and reflecting upon the first semester. If you would like to help with setting up and decorating on December 16, serving or cleaning up on December 17, or by contributing food or other items to support this celebration breakfast, please sign up here. Non-perishable items can be dropped off on or before December 16 and all other food items will need to be dropped off by 6:30 a.m. on December 17.
- **Gift Cards for Staff:** As part of the staff celebration breakfast, all staff members will receive a small gift and a gift card. If you would like to donate a gift card to a local restaurant or store, please <u>sign up here</u> and bring it to the main office by 1:00 p.m. on December 16.
- Cookie Boxes for the Staff: <u>Sign up here</u> if you would like to contribute to our traditional staff holiday cookie boxes. This is always a staff favorite, and we welcome some great bakers (or buyers) to help us provide the cookies! You can also sign up to bring ribbon to decorate the boxes. Please deliver cookies to Kinard by 1:00 p.m. on December 16.

If you have questions about any of these volunteer opportunities, please contact Virginia Chevalier, Parent Volunteer Coordinator, at wirginia@summit-hm.com or text (303) 257-6578), or Cecilia Bonertz, Academic Dean, at cobonertz@psdschools.org or call (970) 488-5407.

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Kinard Middle School

December Calendar of Performing Arts Events

December is a busy month for many of us, and this is definitely true in the performing arts world! See the helpful calendar below to keep all of our rehearsals, concerts, and events coordinated for your family. Looking forward to seeing you there and watching our many Mustang musicians and thespians shine!



Scholastic Book Fair Returns to Kinard, Dec. 9-13

Mark your calendars – the Scholastic Book Fair is coming to Kinard! This is a great opportunity to build your child's home library with new books they'll dive into again and again, and *every purchase* benefits our school directly.

Here's everything you need to know about the Book Fair:

Date: Tuesday, December 9, 2025 - Saturday, December 13, 2025

Time: from 8:00 a.m. to 3:20 p.m., Tuesday-Friday & special hours on Saturday

Location: Kinard Media Center

Family Event: Visit the Fair during the Madrigal Dinner- Friday, December 12, 2025 and Saturday,

December 13, 2025

In addition to paying by cash, check, or credit card, you can set up a digital payment account (eWallet) for worry-free, cash-free purchases. Starting Monday, November 17, visit the Kinard Book Fair homepage to set up an eWallet for your student.

If you can't make it to the Fair, you can also shop at our school's Online Book Fair from 12/8-12/21. Online orders will also benefit our school. All orders will be shipped directly to your home, and shipping is free for book-only orders over \$35.

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Kinard Middle School

Scholastic Book Fair Returns to Kinard, Dec. 9-13

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For more details, to set up eWallet, and to shop the Online Book Fair, visit our school's Book Fair homepage: https://www.scholastic.com/bf/kinardcoremiddlesch

If you have any questions about the Scholastic Book Fair, please contact Catherine Kemeny, Media Tech, at ckemenygambr@psdschools.org or (970) 488-5418.

Thank you for your continued support of our school community. We can't wait to see you at the Book Fair!

BOOKFAIR

December 9th - 13th

The Soholastic Book Fair is coming to Kinard! This is a great opportunity to build your child's home library with new books they'll dive into again and again, and every purchase benefits our school directly.

Here's everything you need to know about the Book Fair:

The Book Fair will be held Tuesday - Friday in the Media Center.

Students oan visit from 8:00 - 3:20 daily. Students may also visit with their classes.

Families can visit the Book Fair before the Madrigal Dinner on Friday, Dec. 12th (5:30-7:00 p.m.) & Saturday, Dec. 13th (3:30-5:00 p.m.).

You can set up an eWallet on the Kinard Book Fair webpage, allowing your child to shop the Fair cash-free. You can also shop online at the Book Fair webpage!

Kinard Book Fair webpage: https://bookfairs.scholastio.com/bf/kinardooremiddlesch

Save the dates - and visit our school's Book Fair webpage to learn more, set up eWallet, and get started on your shopping!

Thank you for your continued support to our school and community!

We can't wait to see you at the Book Fair!

Healthy Kids Colorado Survey Information

In January, our students will take the Healthy Kids Colorado Survey (HKCS), an important survey about student health administered by the Colorado School of Public Health. The survey asks students about health topics including unintentional injuries and violence; mental health; school safety; substance use; physical activity and nutrition; and risk and protective factors. Kinard will administer the survey on Thursday, January 15, 2026, during ELO. We will slightly change our afternoon schedule to provide enough time for the survey.

Thursday, January 15, 2026

1:05- 2:05 PM 8th Period

2:10-3:10 PM ELO: Healthy Kids Colorado Survey

Students at Kinard are being asked to take this anonymous survey, but they are not required to do so. The process protects your student's privacy, and no information is collected that can identify an individual student. Only your child will know how they answer. Students do not get school credit for taking the survey, and there is no penalty for not taking the survey. Students will be instructed to answer the questions or skip any question they don't understand or don't feel comfortable answering. Students who are not completing the survey may do other schoolwork during the survey time. We encourage you to discuss the survey with your child and share with them your views on their choice to participate.

The survey results help our school, community groups, and state health agencies to plan programs and services for youth. The survey is supported by the Colorado Departments of Public Health & Environment, Education, Public Safety, the Behavioral Health Administration, and the Attorney General's Office, and is administered by the Colorado School of Public Health every other year. This project has been approved by PSD and the Colorado Multiple Institutional Review Board (COMIRB).

If you **do not** want your student to participate, you **must opt them out** via ParentVUE between **Dec. 8 and Dec. 19, 2025.** Students who are opted out will complete other schoolwork during the survey time.

Opt-Out Steps:

 Log into <u>ParentVUE</u> using your parent credentials. <u>Click here</u> for directions on how to activate your ParentVUE account if you haven't already.

Healthy Kids Colorado Survey Information

- 2. Select your student's name and click PSD Forms and Applications.
- 3. Click the "Forms" link and then select "Healthy Kids Colorado Survey Opt Out."
- 4. Read the information, type your name to opt out, and click the "Opt Out" button.

A step-by-step guide titled <u>How to Opt Out of the Health Kids Colorado</u> Survey is available on the Community Tech Portal.

We encourage you to discuss the topics with your child and share your views about participation. The following information is provided to support parents/guardians in their decision-making process:

- Review the middle school survey in **English** or **Spanish**.
- Watch an informational video about the survey in <u>English</u> or <u>Spanish</u>.
- Read Frequently Asked Questions in English or Spanish.
- Get more information from the <u>Colorado Department of Public</u> <u>Health and Environment here</u> or call the Healthy Kids Colorado Survey Director, Dr. Ashley Brooks-Russell, at 303-724-8437.

We will send a reminder about the survey and our modified schedule on January 6, 2026. If you have questions, please contact Lindsey Matkin, Principal, at lmatkin@psdschools.org or Cecilia Bonertz, Academic Dean, at cbonertz@psdschools.org.

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Kinard Middle School

8th Grade Transition to High School

Positive transitions are a large part of a successful middle school experience. Thus, Poudre School District intentionally creates opportunities to assist students as they move from one level to the next. Please review the information below regarding the transition events for our high schools in PSD.

- All students have an assigned home high school based on their home address.
- If you are planning to have your child attend a high school other than their designated feeder school, the PSD School Choice application must be completed by **December 15, 2025.** Please visit the <u>PSD School Options and Choice</u> website for more details.
- The comprehensive high schools in PSD are offering evening informational nights for incoming freshman and prospective students. See below for a list of dates or visit each school's website for more details. We will also update 8th grade families as we learn of other registration events from the various PSD high schools.
- In late January, high school counselors will visit Kinard to help students with the registration process for 9th grade courses.

If you have any questions about high school transitions, please contact Patti Young, Counselor (student last names A-G), at pyoung@psdschools.org or (970)488-5406 or Karen Irvine, Counselor (student last names H-Z), at kirvine@psdschools.org or (970)488-5408.

Fort Collins High School	8th Grade Open House • Wednesday, December 3, 2025, 6:00-7:30 pm Registration Q & A • Thursday, January 29, 2026, 6:00-7:00 pm FCHS Registration Website
Fossil Ridge High School	Fossil Ridge Open House Thursday, December 4, 2025 6-8pm 9th Grade Registration Q & A Night Wednesday, January 28, 2026 6-7 p.m. FRHS Class of 2030 website
Poudre Global Academy	PGA K-12 School Information Sessions 11/12 and 1/22 from 5-6PM and Tours Every Tuesday 9:15-9:45 at PGA Sign up here

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Kinard Middle School

8th Grade Transition to High School

continued

Poudre High School	Poudre Preview Night • 12/2/25 5:30-7:30pm IB Information Nights • November 3rd-5:30-6:30PM @Lesher • November 5th-5:30-6:30PM @Lincoln • November 11th-5:30-6:30PM @ CLP • December 9th-6:30-7:30PM @ PSD Future Ready Event Space
Rocky Mountain High School	8th Grade Open House November 17 6:00-8:00 pm 8th Grade Registration Q&A Night Monday, January 26 6:00-7:00
Timnath Middle-High School	Timnath High School Incoming 9th Grade Night & Curriculum Fair • December 3 - 6:30-8:00PM Evening Tours • November 20: 4:30-6:00 Morning Tours • November 14: 9:30-11:00 • December 12: 9:30-11:00
Centennial High School	Orientation Sessions • Dec 4th 8:30am & 5:30pm • Jan 29th 8:30am & 5:30pm • March 26th 8:30am & 5:30pm • May 7th 5:30pm
Polaris	Middle & High School Open House November 4th 5:00 – 7:00 PM
Poudre Community Academy	Quarterly Orientations: • 12/1, 3/2, 5/11 all at 3:45
Wellington Middle-High School	Open House • 12/2/25, 5pm-7pm

Vision & Hearing Screening

Our annual Vision and Hearing Screening will be on **Friday, February 6, 2026**. And we could use your help that morning!

All 7th graders will be screened during 1st period, and we need about 16 volunteers that morning from 7:45-10:45 a.m. to ensure a smooth and efficient screening.

No prior experience is necessary- a quick training will be provided that morning. If interested, please follow the below instructions:

- Login to your Volunteer Portal through this link: <a href="https://apps.raptortech.com/Volunteer/Login/NjA0MzpWb2x1bnRIZXI6ZW4tVVM="https://apps.raptortech.com/Volunteer/Login/NjA0MzpWb2x1bnRIZXI6ZW4tVVM="https://apps.raptortech.com/Volunteer/Login/NjA0MzpWb2x1bnRIZXI6ZW4tVVM="https://apps.raptortech.com/Volunteer/Login/NjA0MzpWb2x1bnRIZXI6ZW4tVVM="https://apps.raptortech.com/Volunteer/Login/NjA0MzpWb2x1bnRIZXI6ZW4tVVM="https://apps.raptortech.com/Volunteer/Login/NjA0MzpWb2x1bnRIZXI6ZW4tVVM="https://apps.raptortech.com/Volunteer/Login/NjA0MzpWb2x1bnRIZXI6ZW4tVVM="https://apps.raptortech.com/Volunteer/Login/NjA0MzpWb2x1bnRIZXI6ZW4tVVM="https://apps.raptortech.com/Volunteer/Login/NjA0MzpWb2x1bnRIZXI6ZW4tVVM="https://apps.raptortech.com/Volunteer/Login/NjA0MzpWb2x1bnRIZXI6ZW4tVVM="https://apps.raptortech.com/Volunteer/Login/NjA0MzpWb2x1bnRIZXI6ZW4tVVM="https://apps.raptortech.com/NjA0MzpWb2x1bnRIZXI6ZW4tVVM="https://apps.raptortech.com/NjA0MzpWb2x1bnRiZXI6ZW4tVVM="https://apps.raptortech.com/NjA0MzpWb2x1bnRiZXI6ZW4tVVM="https://apps.raptortech.com/NjA0MzpWb2x1bnRiZXI6ZW4tVVM="https://apps.raptortech.com/NjA0MzpWb2x1bnRiZXI6ZW4tVVM="https://apps.raptortech.com/NjA0MzpWb2x1bnRiZXI6ZW4tVVM="https://apps.raptortech.com/NjA0MzpWb2x1bnRiZXI6ZW4tVVM="https://apps.raptortech.com/NjA0MzpWb2x1bnRiZXI6ZW4tVVM="https://apps.raptortech.com/NjA0MzpWb2x1bnRiZXI6ZW4tVVM="https://apps.raptortech.com/NjA0MzpWb2x1bnRiZXI6ZW4tVVM="https://apps.raptortech.com/NjA0MzpWb2x1bnRiZXI6ZW4tVVM="https://apps.raptortech.com/NjA0MzpWb2x1bnRiZXI6ZW4tVVM="https://apps.raptortech.com/NjA0MzpWb2x1bnRiZXI6ZW4tVVM="https://apps.raptortech.com/NjA0MzpWb2x1bnRiZXI6ZW4tVVM="https://apps.raptortech.com/NjA0MzpWb2x1bnRiZXI6ZW4tVVM="https://apps.raptortech.com/NjA0MzpWb2x1bnRiZXI6ZW4tVVM="https://apps.raptortech.com/NjA0MzpWb2x1bnRiZXI6ZW4tVVM="https://apps.raptortech.com/NjA0MzpWb2x1bnRiZXI6ZW4tVVM="https://apps.raptortech.com/NjA0MzpWb2x1bnRiZXI6ZW4tVVM="https://apps.raptortech.com/NjA0MzpWb2x1bnRiZXI6ZW4tVVM="https://apps.raptortech.com/NjA
- 2. When logged in, click on Events within the Navigation Menu (Kinard is on Friday, Feb. 6th)
- Review the details of the Event you wish to sign up for and click "SignUp". If you have never volunteered in PSD, please visit https://www.psdschools.org/community/volunteers to register.

Please email Abbie Tusing, Health Tech, at atusing@psdschools.org or Jena Gilbert, School Nurse, at jgilbert@psdschools.org if you have any questions on signing up.

Please Label Student Belongings

As the weather gets colder and students bring more jackets, gloves, hats, etc. to school, our lost and found becomes overflowing! Please help us to ensure your student gets any misplaced items returned to them by labeling all belongings, such as jackets, lunchboxes, water bottles, hats, etc. with their name.

Important Yearbook Information

The 2025-2026 Kinard yearbook is still available for purchase! Make sure that your child doesn't miss out on our yearbook tradition. It's the only book that captures the year's events, activities, friendships, experiences, and memories from Kinard Core Knowledge Middle School. You may place your order for the yearbook at iostens.com. If you have already purchased a book, thank you! If you are unsure if you've already purchased a yearbook or have questions, please contact Ally Lonac, Yearbook Advisor, by email at alonac@psdschools.org. This year's book is one you won't want to miss!

Final Student Picture Make-Up Opportunity

Did your child miss having his/her picture taken for school portraits and the yearbook at Kinard this fall? If so, Skillman Photography is offering one final opportunity for school pictures this year!

You can attend a School Portrait Make-Up Day on either Friday, December 5 from 2:00 to 5:30 p.m. or Saturday, December 6 from 9:00 a.m. to 12:00 p.m. at Skillman Photography, 818 E. Elizabeth Street, Fort Collins, CO. No appointment needed. If you have questions, contact Skillman at (970) 484-3403 or email staff@skillmanphotography.com. Click here for purchasing options. All packages carry a money back guarantee and will be back in 2 weeks or less- just in time for the holidays!

Bring in your Box Tops!

Join us in earning cash for Kinard by using the Box Tops app. It's an easy way to make a difference! All you have to do is buy Box Tops participating products and scan your grocery receipt. Box Tops are worth \$.10 each, and they add up fast! Twice a year, our school receives a check to help pay for equipment, supplies, or books the kids love! Would you like more information about Box Tops for Education? Simply go to BTFE.com.

Kinard Athletics

Our boys basketball teams are off to a terrific start! Our student athletes are competing with character while demonstrating sportsmanship and hard work. We look forward to seeing them continue their winning ways throughout December and into the district tournament. Good luck, Mustangs!

Looking ahead, girls basketball for 7th and 8th grade students and wrestling for all 6th, 7th, and 8th grade students will start in January. If your child plans to participate, now is the time to register, get an up-to-date physical with a physician, and to pay the associated fee. For all information regarding sports registration, please visit our Kinard Athletics page.

Questions? Contact our Athletic Secretary, Holly Garcia at (970) 488-5414 or hgarcia@psdschools.org or our Athletic Director, Kyle Healy at (970) 488-5415 or khealy@psdschools.org.

Kinard Give Next*: Strengthening the mental health and wellbeing of youth & families in Larimer County

On October 28, Kinard's Give Next club went on a field trip to CSU for "Kickoff Day" and learned about community issues within Northern Colorado and the nonprofits that support these issues within Larimer County.

After "Kickoff Day", the students discussed these



issues. They created a mission statement to focus their work for this year: We, the Give Next group at Kinard Middle School, want to strengthen the mental health and wellbeing of youth & families in Larimer County.

WE NEED YOUR HELP!

Can you join us to help make a difference?

Please <u>CLICK HERE</u> to donate to our club fundraiser at the Give Next page of the NoCoFoundation of Northern Colorado. This is a secure site where you can enter any donation amount. <u>Follow the directions on the website, and please be sure to designate KINARD in the 'Additional Notes' box.</u>
There is an opportunity for a \$350 fundraising match this year. Thank you for your consideration and support of this Kinard Give Next fundraiser!

*What is Give Next?

<u>Give Next</u> is a school-based youth grantmaking program for middle and high school students in Larimer County. Each class receives funding from private donors in the Give Next program for grant-making to award to local



nonprofits. The students are also encouraged to participate in fundraising to make a larger positive impact in their community. The yearlong program begins with Give Next Kickoff Day, a day of information and inspiration. Back at their schools, students work together to identify

Kinard Give Next*: Strengthening the mental health and wellbeing of youth & families in Larimer County continued

community needs, choose a focus area, create a mission statement, research nonprofits, volunteer, conduct site visits, review grant applications, and make funding decisions. At the end of the school year, students award grants to selected nonprofits. Give Next is made possible through the support of many community partners. Primary program implementation partners are the Bohemian Foundation and the NoCoFoundation.

For questions or more information, please contact Kinard Give Next Teachers:

Anne Flemming, <u>aflemming@psdschools.org</u> Bethany Houston, <u>bhouston@psdschools.org</u>

SRO Corner: Mental Health and Safety: When to Ask for Help

As the year winds down and the holidays approach, many families look forward to rest and celebration. But for some people, this season can also bring added stress, anxiety, or sadness. Between changes in routine, academic pressure, and social challenges, it's important to remember that no one has to face tough times alone.

Recognizing when to reach out

It's normal for kids (and adults) to have bad days. But if you notice your child is consistently withdrawn, irritable, struggling to focus, losing interest in things they usually enjoy, or talking about feeling hopeless, those are signs it may be time to ask for help. Early support can make a big difference — whether the concern is about mental health, safety, or general wellbeing.

SRO Corner: Mental Health and Safety: When to Ask for Help continued

How to start the conversation

- Listen without judgment. Let your child know it's okay to talk about how they feel and that asking for help is a sign of strength.
- Keep communication open. Even short, daily check-ins can help your child feel seen and supported.
- Model self-care. Kids learn from what we do. Taking care of your own mental health shows them it's important and normal.

Resources available in our schools and community

Each Poudre School District school has counselors, psychologists, and other caring adults who are here to help. Our School Resource Officers also partner closely with these teams to support student safety and well-being.

If you or your child ever have concerns about safety — for yourself or someone else — please reach out right away. You can contact:

- Your school counselor or administration team
- PSD Mental Health Services: https://www.psdschools.org/programs-services/mental-behavioral-health-resources
- Safe2Tell Colorado: 1-877-542-7233 or <u>safe2tell.org</u> (anonymous reporting 24/7)
- CAYAC (Child, Adolescent & Young Adult): 970-221-3308 or info@healthdistrict.org
- SummitStone Health Partners 24/7 Crisis / Urgent Care: 970-494
 -4200

Together, we can create a community where every student feels safe, supported, and heard during the holidays and all year long.

Happy holidays, Kate Garcia Kinard SRO

Elks Essay Contest

Calling all aspiring writers! See details below about a community essay contest.

Every year, our local Elks Club hosts an essay contest for PSD 5th-8th grade students, with an opportunity to win cash prizes. Last year, a PSD student advanced to the state level award.

5th-8th grade students are invited to submit a < 300 word essay by December 15th using the google form linked here: https://forms.gle/f2AUpf55pLfN2G5i8.

CONTEST DETAILS:

Essay must be submitted on or before December 15, 2025.

- 1. Eligible participants must be students enrolled in the 5th-8th grade at the time of the contest.
- 2. Essay length is not to exceed 300 words.
- 3. Essay must be typed or legibly printed in ink if mailed.

ESSAY PROMPT: "What Does Service to Your Country Mean to You?"

FCHS Basketball Camp

Check out the details in the flyer below if you have a daughter interested in basketball.



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Kinard Middle School

Young Entrepreneur Tournament (YET)

The Larimer County Economic and Workforce Development Team is excited to announce the Young Entrepreneur Tournament is back and now accepting applications for the spring 2026 session.

The Young Entrepreneur Tournament (YET) helps young people 18 and under to develop their ideas into winning business plans. This four-week journey will encompass everything from idea generation to business launch strategies and will culminate in a business pitch competition where winners will take home cash prizes (over \$2,000 in prize money to give away)! See the <u>YET website</u> for more details.



HELP SUPPORT FAMILIES IN YOUR COMMUNITY!



The **LCE Resource Room** supports Poudre School District students and families in need by providing clothing, bedding, hygiene items, household supplies, and school supplies. Your donation helps us stay open and stocked year-round!

SUPPORT BY DONATING:

Purchase items from our Amazon Wish List and have them shipped to the gift address provided!





Scan to view our Amazon List You can also donate funds directly to our District's McKinney-Vento fund to support students and families experiencing housing

instability.





Access the School Pay Donation Page





COMMUNITY RESOURCES

1 VINDEKET FOODS



400 Delozier Dr., Fort Collins Hours: Sunday 12–3 PM | Tuesday 2–7 PM | Thursday 9 AM–1 PM

Vindeket Foods is a free, salvaged food market open

to everyone no ID required.

2 | 211

Dial 211 to connect with trained specialists who can provide free, confidential assistance for community resources, including food, housing, healthcare, and more.

Available 24/7 for anyone in need.

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ESHS GROCERY STORE



Open Monday–Saturday, 9:00 AM–7:00 PM 375 W 71st St, Loveland, CO

This grocery store offers a variety of food items at significantly reduced prices. Products are available at a discount because they come from overstock or are nearing their expiration date. It's a great option for families looking to save on groceries while reducing food waste.

4 FOOD RESOURCE HOTLINE



Food Resource Hotline: 855-855-4626, M-F 8am-4:30pm

5 MURPHY CENTER FOR HOPE



Murphy Center for Hope: 424 Connifer St. Fort Collins CO, 80524 Light breakfast and coffee M-F 8-10am

6 FOOD BANK



Fort Collins: 1301 Blue Spruce Dr. 10-3 Tues., Thurs-Sat. Loveland: 2600 N. Lincoln Ave. 10-3 Tues., Thurs-Sat. For mobile and pop-up locations, chec

| FOCO CAFE



25 Maple St., Fort Collins Hours: Monday–Saturday, 11 AM–2 PM

FoCo Cafe provides lunches for the community, available for dine-in or carry-out on a pay-what-you-can or volunteer basis.

Meals feature a seasonal, locally sourced menu





RECURSOS COMUNITARIOS

1 ALIMENTOS VINDEKET



400 Delozier Dr., Fort Collins Horario: Domingo 12–3 PM |

Martes 2-7 PM | Jueves 9 AM-1 PM

Vindeket Foods es un mercado de alimentos gratuitos

y recuperados abierto a todos no se requiere identificación. Marque el 211 para conectarse con especialistas capacitados que pueden brindar asistencia gratuita y confidencial para los recursos comunitarios, incluidos alimentos, vivienda, atención médica y más. Disponible

24/7 para cualquier persona que lo necesite.

3 COMESTIBLES ESHS



Abierto de lunes a sábado, de 9:00 a.m. a 7:00 p.m. 375 W 71st St, Loveland, CO

Esta tienda de comestibles ofrece una variedad de alimentos a precios significativamente reducidos. Los productos están disponibles con descuento porque provienen de un exceso de existencias o se acercan a su fecha de vencimiento. Es una excelente opción para las familias que buscan ahorrar en comestibles y reducir el desperdicio de alimentos.

4 LÍNEA DIRECTA DE RECURSOS ALIMENTARIOS



Línea directa de recursos alimentarios: 855-855-4626, de lunes a viernes de 8 a.m. a 4:30 p.m.

5 | CENTRO MURPHY PARA LA ESPERANZA



Centro Murphy para la Esperanza: 424 Connifer St. Fort Collins CO, 80524 Desayuno ligero y café L-V 8-10am

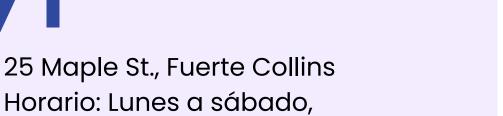
11 AM-2 PM

6 BANCO DE COMIDA



Fort Collins: 1301 Blue Spruce Dr. 10–3 Tues., Thurs-Sat. Loveland: 2600 N. Lincoln Ave. 10–3 Tues., Thurs-Sat. For mobile and pop-up locations, chec

CAFE NOCO





FoCo Cafe ofrece almuerzos para la comunidad, disponibles para cenar o llevar en un pago de lo que pueda o voluntariado. Las comidas cuentan con un menú de temporada de origen local







Children's Christmas Shop Saturday, December 6

9-4 LaPorte Presbyterian Church 3820 W County Rd 54G

LaPorte

Poudre School District is providing this information only as a public service. The District is neither recommending nor endorsing the subject of this communication.



Each child can purchase 4 adult gifts for 25 cents each. Poudre School District is providing this information only as a public service.

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Are you worried about your child's mood and health?

Researchers at Colorado State University want to learn about improving mood and preventing type 2 diabetes in teens

Eligible teens will participate in therapy and/or exercise group programs.

- Girls Ages 12-17
- Have family members with diabetes
- Sometimes feel stressed or depressed

Possible benefits can include:

- Feeling happier and less stressed
- Increased physical fitness
- Reduced chance of developing type 2 diabetes





Scan this code to open our page!

To take part in this research study or for more information, please contact us at 970-290-7191 or cbt-ex@colostate.edu

Teens can earn up to \$505 if they complete all parts of the study.

