August 2023



Principal Lindsey Matkin

Assistant Principals
Kyle Healy
Erin LaRue

Main Line 970-488-5400

Attendance Line 970-488-5401

Visit our

website

to learn more about

Kinard.



Page 1



Welcome

Dear Kinard Parents,

Welcome to the 2023-2024 academic school year! We hope that you and your child(ren) have enjoyed a relaxing and rejuvenating summer break. Middle school transitions include very intentional planning and processes, which help parents and students at each grade level. As you will notice in this newsletter, we have scheduled important dates, events, and tasks that need to be accomplished in order to help everyone prepare for the start of the new school year.

The core of our mission is to ensure high levels of learning for all students, preparing them for success in high school, college, and beyond. As we challenge students academically with the rigorous Core Knowledge sequence, we also support students with the developmental tasks that are inherent during early adolescence.

In partnership with you, our incredible parents, we strive to serve our students' learning needs and provide them with smooth transitions and

continued on next page





Is it just a phase?



CAYAC
Child, Adolescent, and
Young Adult Connections

Helping youth and families find answers, options and support.



CHILD, ADOLESCENT, AND YOUNG ADULT CONNECTIONS

970-221-3308

Welcome

continued

challenging learning experiences throughout their middle school years. Please contact us if you have any questions or concerns.

Thank you for joining us at Kinard, and we look forward to an exciting school year!

Respectfully,

Your Kinard Administrative Team

Get to Know Your School

Want to learn a bit more about our building and what makes Kinard so special? Click the photo to watch a video to learn about Kinard's designation as a Green Ribbon School and how we're paving the way in energy efficiency and conservation!





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Only 5 - 10% of people have enough room in their mouth for Wisdom Teeth.

Most often they cause pain, infections or crowding of the other teeth.

Click this ad for more information or call us!

We accept most dental insurance, Medicaid under 21 years of age, and CHP+



Contribution Fund Projects

Thanks to the generous contributions from our Kinard families over the last several years, we have been able to cover all classroom needs and materials, as well as fund some innovative and exciting new all-school projects. The contribution funds from the previous school year were used to purchase some new lunchroom tables that allow for more inclusive seating, new recess equipment, to contribute to our music equipment refresh to allow all students in our music programs to learn with high-quality instruments and materials, new student desks/tables, ceiling outlets and an air purifier for the woodshop/tech classroom, a water bottle filling station in the gym, an industrial-sized laminator and poster-maker, specialized equipment for our athletics scoreboard, two more outdoor tents/canopies, and supplemental novels for 7th grade English classes! The richness of our classroom programs and the learning experiences of our students are greatly enhanced by the funds from our contribution program. We extend a wholehearted thank you to all who contributed last year! Click here to learn more about Kinard's contribution fund, and click here to make a contribution for the 2023-24 school year.



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Kinard Office Staff Contact Information

Office Hours (starting July 24th): Mon – Fri, 8:00 a.m. – 3:00 p.m.

Main Office Line: 970-488-5400

Attendance Line: 970-488-5401 (24 hr. phone service)

| Lindsey Matkin | Kyle Healy | |
|---------------------------|---------------------------------------|--|
| Principal | Assistant Principal/Athletic Director | |
| 970-488-5403 | 970-488-5415 | |
| lmatkin@psdschools.org | khealy@psdschools.org | |
| Erin LaRue | Cecilia Bonertz | |
| Assistant Principal | Academic Dean | |
| 970-488-5410 | 970-488-5407 | |
| elarue@psdschools.org | cbonertz@psdschools.org | |
| Theresa Varn | Stephanie Campbell | |
| Office Manager/Bookkeeper | Secretary/Attendance Manager | |
| 970-488-5405 | 970-488-5400 | |
| tvarn@psdschools.org | stephanc@psdschools.org | |

continued on next page

Reach Parents in Larimer County through our mobile-ready newsletters

Market your business in Poudre School District.

You gain visibility and targeted, increased awareness; schools gain funds from advertising revenue.



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Advertise with The School Newsletter Company
Joe Mivshek 970-420-7163 | SchoolNewsletterCompanyCO@gmail.com

Kinard Office Staff Contact Information continued

Student Services Staff:

| Karen Irvine | Patti Young | |
|--|--|--|
| Counselor (students with last names H-Z) | Counselor (students with last names A-G) | |
| 970-488-5408 | 970-488-5406 | |
| kirvine@psdschools.org | pyoung@psdschools.org | |
| Susan Klock | Shamie Beecher | |
| Registrar | Student Services Secretary | |
| 970-488-5414 | 970-488-5416 | |
| sklock@psdschools.org | sbeecher@psdschools.org | |

<u>Click here</u> to view the Staff Directory on our website for all other staff contact information.







970.420.7163



Kinard Recognized as Model Professional Learning Community at Work School

Kinard was recently recognized by <u>Solution Tree</u> for its sustained success in raising student achievement. As one of only about 500 schools and districts in the US and Canada to receive this honor, we are very proud to have re-earned this designation.



PLCs are schools and districts in which educators recognize the key to improved learning for students is on-going, job-embedded learning for the adults who serve those students. The three big ideas of a PLC call upon educators to:

- 1. Focus on learning.
- 2. Build a collaborative culture.
- 3. Create a results orientation.

Responding to news of the recognition, Principal Matkin said, "We are proud that our focused hard work to ensure high levels of learning for all is evidenced in sustained student achievement and growth."

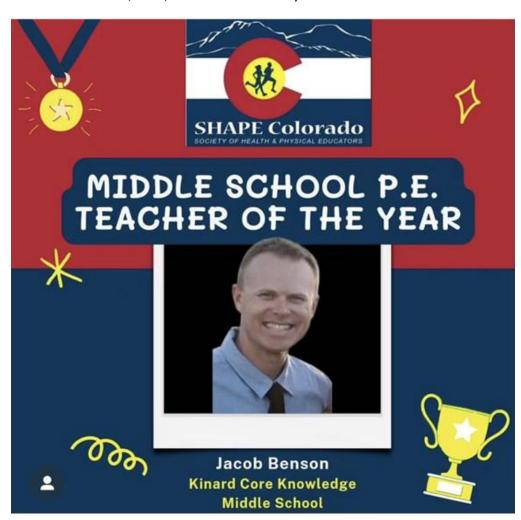
Schools are recognized based on strict criteria, including demonstration of a commitment to PLC concepts, implementation of these concepts for at least three years, and clear evidence of improved student learning over that period. Once measurable results can be seen, the school must explain its practices, structures, and culture and submit its application for consideration by the PLC Review Committee.

According to the Champions of PLC at Work®, educators in the schools and districts selected for this recognition have shown "a sustained commitment to helping all of their students achieve at high levels. They have been willing to alter the structure and culture of the organization to reflect their commitment. We applaud them and congratulate them for achieving this very significant milestone on the never-ending PLC journey."

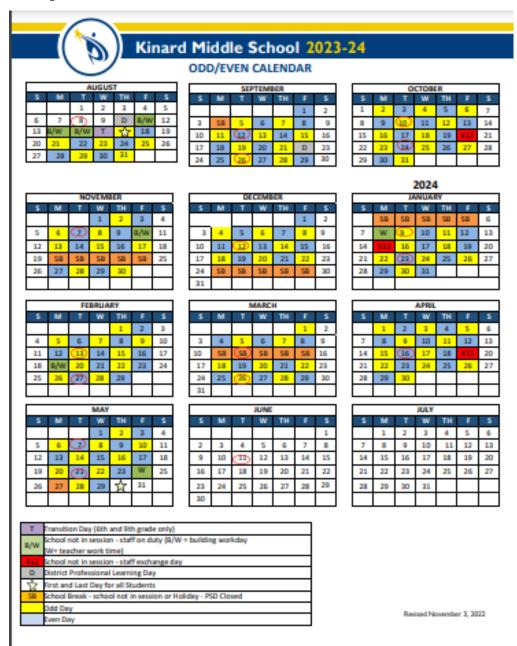
We are excited to have our incredible staff and amazing students continue on our PLC journey collectively this coming school year!

SHAPE Middle School Teacher of the Year

Congratulations to one of our Physical Education and Health teachers, Mr. Benson, who was named <u>SHAPE Colorado</u> Middle School Teacher of the Year! We are incredibly proud of Mr. Benson and grateful for all that he does for students, staff, and our community! He makes us better!



Kinard Yearlong Calendar – Odd, Even, Holidays, & Special Dates



Kinard's Daily Schedule

Kinard Core Knowledge Middle School Daily Schedule 2023-2024

| 6 th Grade | | | |
|-----------------------------|----------------------------------|--|--|
| Odd days = periods 1,3,5,7 | | | |
| Even days = periods 2,4,6,8 | | | |
| Period 1 or 2 | 8:15-9:33 | | |
| Period 3 or 4 | 9:38-11:00 (daily announcements) | | |
| Period 5 or 6 | 11:05-11:42 | | |
| Lunch | 11:42-12:17 | | |
| Period 5 or 6 | 12:22-1:00 | | |
| Period 7 or 8 | 1:05-2:25 | | |
| ELO | 2:30-3:10 | | |

| 7 th Grade | | | |
|-----------------------------|---------------------------------|--|--|
| Odd days = periods 1,3,5,7 | | | |
| Even days = periods 2,4,6,8 | | | |
| Period 1 or 2 | 8:15-9:33 | | |
| Period 3 or 4 | 9:38-11:00 (daily amouncements) | | |
| Lunch | 11:00-11:35 | | |
| Period 5 or 6 | 11:40-1:00 | | |
| Period 7 or 8 | 1:05-2:25 | | |
| ELO | 2:30-3:10 | | |

| 8 th Grade | | | |
|-----------------------------|----------------------------------|--|--|
| Odd days = periods 1,3,5,7 | | | |
| Even days = periods 2,4,6,8 | | | |
| Period 1 or 2 | 8:15-9:33 | | |
| Period 3 or 4 | 9:38-11:00 (daily announcements) | | |
| Period 5 or 6 | 11:05-12:25 | | |
| Lunch | 12:25-1:00 | | |
| Period 7 or 8 | 1:05- 2:25 | | |
| ELO | 2:30-3:10 | | |

Kinard Website

Our school website is a valuable resource and can often be used as a primary source of information. Visit http://kin.psdschools.org to find:

- Daily Student Announcements
- Teacher Websites and Contact Info
- Synergy StudentVue/ParentVue Login
- Mustang News
- Sports and Club Information
- Kinard's Activity Calendar
- Daily Schedules

Registration Information

August registration is a very important event for Kinard families. Because it is important for students and their transitions and can be a rewarding social opportunity for both students and parents, we strongly encourage all families to attend in-person registration. However, we are also offering an online option for families unable to attend on the scheduled days.

The registration days and times listed below are "drop-in" times; students and parents are not required to be at registration for the full time. However, we do request that a parent attends with their student. If you have students in more than one grade or cannot attend during the suggested date and time, you may choose to attend at a different time listed. However, please keep in mind these dates and times are designed to spread out attendees, so we appreciate your adherence to the specified time if at all possible.

Registration Information

continued

| Thursday, | 7 th and 8 th grades | 8:00 a.m11:00 a.m. |
|---------------------|---|---|
| August 3 | | (Suggested for last names A-L) |
| | | 12:00 p.m3:00 p.m. |
| | | (Suggested for last names M-Z) |
| Friday, | 6 th grade | 10:00 a.m 2:00 p.m. |
| August 4 | | |
| Wednesday, | In-person: Make-up | 8:00 a.m12:00 p.m. |
| August 9 | registration All grades | Skillman Photography will not be present. School pictures can be taken on September 5, our make-up picture day. |
| Wednesday, | Online: Make-up | We recommend attending in-person registration |
| August 9 | registration | if possible. However, the following tasks can be completed online after August 9. Detailed |
| through | All grades | directions are <u>here</u> . |
| | | Update information in Synergy |
| Wednesday, | | Pay annual contribution and athletic fees |
| August 16 | | Print class schedule |
| | | Get locker # and combination |
| | | Complete optional tasks (order yearbooks, register for athletics) |
| | | Online registration will also require bringing in new or updated health information, notifying us of any changes in student's information that can't be updated online, and turning in athletic forms. These tasks can be completed on August 16 or 17 from 7:30 a.m. – 9:00 a.m. School pictures can be taken on September 5, our make-up picture day. |
| Wednesday, | 6 th grade – first day of | 7:30 a.m. – 9:00 a.m. |
| August 16 Thursday, | 7 th and 8 th grades – first day of school | While we highly recommend registering prior to the first day of school, staff will also be available for registration during the morning prior to the first days of school. This should only be considered an option if you have been out of town or otherwise unable to attend registration |
| August 17 | | on the scheduled days. Skillman Photography will not be present, and make-up pictures are |

scheduled for September 5.

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Registration Information

continued

Please park in the front (south) parking lot and enter through the Music Doors.

During registration, parents will be asked to update information, pay an annual contribution, drop off health and immunization records, register for athletics, and order yearbooks. Students will receive their class schedules and locker assignments, may access their lockers, and will have their school photos taken by Skillman Photography. School staff will be available to answer questions about schedules, athletics, and life as a Mustang. This year, we will not be distributing school laptops until after school has started.

We are also seeking parent volunteers to help us run our registration events. If you are interested in volunteering at Kinard and available on any of the days listed below, please sign up here.

Here are additional details to help ensure a smooth registration process and an amazing start to our school year!

- **Kinard Contribution Campaign:** In order to fund special projects and student experiences, we request an annual contribution for each student.
 - ♦ Read an <u>overview and letter</u> from Principal Lindsey Matkin regarding the annual contribution program.
 - You can make a contribution at registration by cash, check, or credit card. You may also participate ahead of time by <u>clicking</u> <u>here</u> (SchoolPay may not be updated by the district until after August 1 so try again later if the site shows "item is unavailable").
- SchoolPay, Online Payment System: SchoolPay is PSD's online system to allow families to pay for a variety of school-related items, including supplemental food items, athletic participation fees, annual contributions, yearbooks, field trips, and school-related merchandise.
 - ♦ To learn more about SchoolPay, visit the district's <u>website</u>.
 - ♦ To set up a SchoolPay account, click <u>here</u>.

Registration Information

continued

- Colorado's Healthy School Meals for All Program allows public schools to provide free meals to all students beginning this year.
 There will continue to be a charge for supplemental food items.
- Supply Lists: Click here to see our supply lists for all grade levels.
- Athletics: Click <u>here</u> for more information about athletics, the
 registration process, and required forms. The PSD athletics site is
 hosted by SportsEngine, and it will continue to be updated between
 now and the beginning of the sports' seasons. We will also have a
 representative available at registration to answer questions.
- Immunizations: Please bring a paper copy of your student's most recent, updated immunization records to August registration. Click here for additional information from our health office about immunizations and medications.
- Lockers: Students will be given locker information and are welcome to stock, arrange, and decorate their lockers during registration.
 Click <u>here</u> for guidelines for decorating lockers.
- Forms: If you prefer to complete forms prior to the event, we have provided the forms electronically for your convenience below.
 However, we will also provide all the necessary forms on registration day if you prefer to complete them during registration while at Kinard.

Required forms to complete electronically or print and bring on registration day:

- Student Individual Profile: Please log in to <u>ParentVue</u> and go to "Student Information." Please verify that all information is accurate. You, as the parent, can edit emergency contacts. If you need to change your address or contact information, you can do that at registration or by visiting our student services office. We will also provide a paper copy of this information for you to confirm.
- 2023-2024 Students Rights & Code of Conduct (click here to access Student/ParentVUE to read the PSD Code of Conduct): parents and secondary students must electronically sign and acknowledge they have received and read the Code of Conduct before gaining access to Student/ParentVUE for the year.

Registration Information

continued

 2023-2024 District Equipment Use and Acknowledgement of Damage and Loss Charges (click here to access Stu- dent/ParentVUE to read the Use and Acknowledgement form): parents and secondary students must electronically sign and acknowledge they have received and read the document before gaining access to Student/ParentVUE for the year.

Optional forms to complete electronically or print and bring on registration day:

- Skillman Photography Order Form: Pictures will be taken of all students, but ordering a package is optional. Click <u>here</u> to preview package options and/or order online using school code KCMS2023. Order forms will also be available during registration.
- SchoolPay: To set up a SchoolPay account, click <u>here</u>.
- Yearbook Online Order Form: Click <u>here</u> to order a yearbook.
- Kinard Spirit Gear: Click <u>here</u> to order fun Kinard wear and show your Mustang pride!
- PSD Parent Non-Permission Form: This is optional and not a required form. Click <u>here</u> to print and complete. If completed, please bring it to registration or the front office. We will also have hard copies of the non-permission form available at registration upon request.

We look forward to having a great 2023-2024 school year! If you have questions about registration, please contact Cecilia Bonertz, Academic Dean, at 970-488-5407 or at cbonertz@psdschools.org.

6th grade Transition Day

School for 6th graders begins on Wednesday, August 16th from 8:15 a.m. to 3:10 p.m. This is a valuable and beneficial transition day for our newest mustangs. 6th graders will meet the Kinard staff, become acquainted with the school, begin to connect with new peers, and be mentored by 8th grade WEB leaders. School starts for 7th and 8th graders on Thursday, August 17th. 6th grade families will receive a detailed email about this transition day soon. If you have questions about the 6th grade transition day, please contact Karen Irvine, counselor, at kirvine@psdschools.org or (970)488-5408.

Order Your Kinard Spirit Gear!

Are you looking to get in the Mustang spirit with some new Kinard apparel? Order now from Garretson's Sport Center! <u>Click here to purchase online</u>. Check it out to see what new Kinard spirit gear you may want to purchase. The first ordering window will close on Thursday, August 24 so order now to get your items as soon as possible. We will offer a second ordering window later in the fall.

Order the Kinard 2023-24 Yearbook now!

We are excited to share with you options for ordering your child a copy of Kinard's 2023-2024 award-winning yearbook! Prices usually increase throughout the year, so order now for the best deal! For your convenience, we have several ordering options:

- You can order a yearbook online at <u>Jostens.com</u> now!
- You can complete the online order form using a computer during Kinard's registration process.

Parents of 8th grade students also have the opportunity to celebrate and honor your child by buying a baby ad. You can order a baby ad for the yearbook at theyearbookcompany.com. While you are enjoying a search for your favorite baby pictures, we also invite you to get a jump on spring activities by sending a baby picture for our 8th grade slideshow to Stephanie Campbell, stephanc@psdschools.org. We will ask for this again in the spring, so be sure to make a note that you already did it!

The yearbook staff looks forward to another year of collecting memories for the Kinard community! If you have questions about our yearbook, please contact the Yearbook Adviser, Mrs. Lonac at alonac@psdschools.org.

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Kinard Middle School

Order the Kinard 2023-24 Yearbook now!

continued

2024 yearbook RECOGNITION ADS (AKA baby ads)



Congratulate your 8th grader in their 2024 yearbook!



STETSON BIANCH

We are so proud of you and the young man that you have become Stetsort Now it is time to tackle high school.

We lare you Nuggiel Mom, Dad and Austin

Stephen Stephen

An **early-bird discount** will be offered for ads completed with payment submitted by **October 27th**.

The **final deadline** to submit and pay for an ad at the regular price is **November 14th**.

You will receive detailed information in the fall or visit www.TheYearbookCompany.com after July 1st.

Save the Date!

We are very excited to announce our first social event of the year on Thursday, September 7. Please plan to join us for a get-to-know you event with food trucks, music, games, and community! We plan to get together in the Kinard courtyard and athletic fields from 5:30-7:30 p.m. More information and a request for volunteers will be coming soon! If you are interested in helping to coordinate this event for us, please reach out to Cecilia Bonertz, Academic Dean, at cbonertz@psdschools.org or (970)488-5407.

Parent Partnership

The Kinard Parent Partnership is a group of dedicated parent volunteers who are an integral part of the success of our school. We have a variety of opportunities for parent involvement, and many of our events depend heavily on the dedicated efforts of our parent community. Examples of ways parents can contribute are by coordinating appreciation activities for our staff, creating common area bulletin boards, serving students in our media center, and helping at events (i.e. the September 7 social event, registration, conferences, incoming 6th grade family night, vision and hearing testing, 8th grade celebration, yearbook distribution, and last day picnic).

We are holding a kick-off meeting for all interested parents at 8:30 a.m. on Tuesday, August 22 in our media center. The purpose of this meeting will be to communicate about our planned activities and elicit parent volunteers. We will also spend time planning the social event to be held on September 7. If you are unable to attend but would like your name to be included on our potential volunteer list, please email Cecilia Bonertz, Academic Dean, at cbonertz@psdschools.org.

School Safety Protocols

Code of Conduct – As part of registration, you will electronically acknowledge through Parent/StudentVUE that you have read the 2023-24 Student Rights & Code of Conduct. Before completing this important form, please make time to review the PSD academic and behavioral expectations with your child in PSD's <u>Student Code of Conduct</u>. Additional paper copies of the Code of Conduct are available at each school, at the Johannsen Support Services Center, or on the PSD website.

Meet Our School Resource Officer

Kinard's SRO is Officer Kate Garcia. School Resource Officers are certified police officers based at district middle and senior high schools. The goals of the School Resource Officer program are to:

- 1. Provide a safe learning environment and help reduce school violence;
- 2. Improve school and law enforcement collaboration; and
- 3. Improve perceptions and relations between students, staff, and law enforcement officials.

School Safety Protocols

continued





Kinard Traffic Expectations-

- 1. Thank you for obeying the speed limit on Trilby (25 MPH)
- 2. **No U-Turns on Trilby** Please proceed westbound and utilize the round-a-bout if you need to turn back towards Ziegler Rd.
- 3. **Eastbound traffic on Trilby turning left** into the south parking lot should **fully merge into the center lane and yield between the cones** ensuring that the thru lanes are clear at all times.
- 4. Please do not drop off or pick up students on Trilby or Ziegler Roads. Instead, please help our community to stay safe and minimize driver frustrations by picking up your child inside of our traffic oval, just outside of the main entrance to our school.
- 5. **During afternoon pickup**, please survey and **fill all parking stalls** in the south parking lot prior to queuing on the shoulder of Trilby Rd.
 - If you are waiting to pick up your child curbside, please make sure that your wheels are fully in the gutter as far away from the thru lane as possible.

School Safety Protocols

continued

- Please do not stop your vehicle and wait to pick up your child in between the lines of parked cars. This creates an unsafe situation for children crossing in front of other cars driving in the thru lanes.
- If queued on the north side of Trilby Rd., please move with the traffic entering the oval. Do not stop and wait for your child on Trilby Rd., as it blocks cars from entering the oval.
- 6. Please **do not enter the north parking lot** in the back of the school to pick up your children. This curb is marked for emergency vehicles and buses only.

Morning Drop-Off Expectations

Upon entering the Kinard oval, you will notice two lanes along the oval. If you are dropping off your child, you must stay on the outside lane. The inside lane is a drive-thru lane that facilitates afternoon pick-up and allows for parents to enter the parking lot for parking only.

Drive along the oval and as far west as possible, up past the music entrance, before dropping off students. If the traffic inside the oval comes to a stop, and you are next to a sidewalk, you will drop off your child, and they can use the sidewalk to walk to the main doors without risk.

Afternoon Pick-up Expectations

You may wait along either the Kinard oval, E. Trilby, or the south parking lot. School ends at 3:10 p.m. Many parents begin arriving at 3:00 p.m. Once you're parked and it is after 3:10 p.m., use cell phones to communicate your location with your child. As traffic begins to move, make sure you are moving with traffic entering the oval. Do not park and wait along the north side of Trilby Rd. as this blocks cars from entering the oval. Once you have picked up your child, you may use the drive-thru lane to move around the oval. No U-turns and electronic devices after the pick-up (safety first).

School Zone

For the safety of us all, please remember that Kinard has a **20 MPH school zone** running north and south of Trilby/Lady Moon before and after school.

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Kinard Middle School

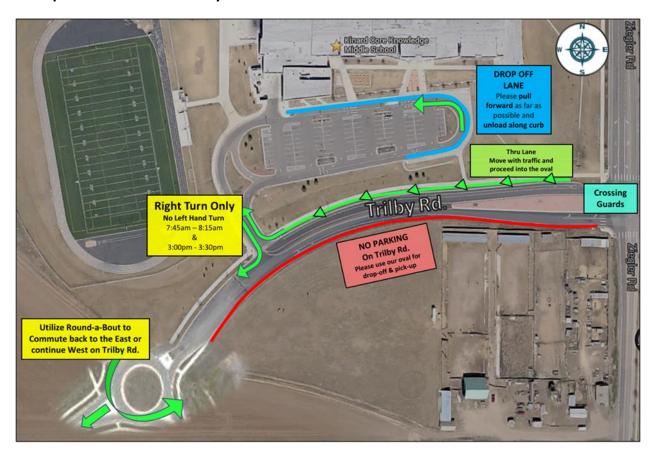
School Safety Protocols

continued

Crossing Guards/Supervision

Kinard staffs four crossing guards, who are present at the intersection of Trilby and Ziegler in the morning and afternoon, to support students safely crossing the street. Please follow their directions to make safety the top priority.

Kinard staff will be present in the mornings and afternoons to supervise students, to help keep the process flowing smoothly, and to assist students and parents in crossing the street at the crosswalks leading into the south parking lot. Students need to be dropped off along the sidewalk where they do not have to cross the street when possible. Please remember that Kinard staff are not trained traffic directors, they are simply there to help facilitate student safety.



Athletic Game Parking – All parking for athletic games is located in the north oval and grass field. There is an access ramp that is marked by cones, signage, and personnel on most game days. Overflow parking is in the spaces of the north oval and along Trilby Road.

Bicycles – Students are encouraged to walk or ride their bikes to Kinard. There are bike racks available for students who ride to school. The bike racks are located on the south side of the school building on the sidewalk. We encourage students to ride their bikes to school and to wear a helmet.

School Lunches

We are excited to share that all students will receive **one free breakfast and lunch daily** starting in 2023-24 through the Healthy School Meals for All program! This new statewide program, approved by Colorado voters, is helping Colorado children and teens have access to nutritious food at our school. Students will still need to pay if they want additional, a la carte items, such as chips, cookies, bottled water, Izzes, etc. You can add money for these items to your student's account via <u>SchoolPay</u>.

Even though breakfast and lunch will be provided for free, we need families to continue sharing household income information through the Free and Reduced Meal Benefits form in order for our district to receive full access to federal funding. These additional funds will go directly back to Poudre School District to help cover the cost of meals and other nutritional programs. Plus, families who qualify may receive discounted school activity fees, community activity fees, utilities support and more! As always, all household income information will be kept confidential, and protected by law. Immigration, migrant, citizenship or refugee status is not required when completing the form.

Be sure to fill out the Free and Reduced Meal Benefits form as part of your back-to-school registration! If you have questions or would like additional support, please reach out to Child Nutrition at 970-490-3557 for more information.

- Free and Reduced-Priced Meal Application: Families can apply online at https://www.myschoolapps.com/Application or pick up a paper application at your child's school. Applications must be completed annually to stay registered for the program. Your child's free or reduced-price meal eligibility status is confidential.
- Once approved for free and reduced-priced meals, complete PSD's
 Permission to Share Information for Fee Waivers and Programs to
 Receive Goods and Services Form. This form is available online
 through the PSD ParentVUE portal. Completing this form gives PSD's
 Child Nutrition Department permission to share your child's
 eligibility status with other district officials. These officials must also
 maintain confidentiality of your child's eligibility status. You must fill
 out the Permission to Share form each year.

Health Office News

Please bring a paper copy of your student's most recent immunization record to registration in August; especially if they have received any new immunizations over the past year.

Just a few reminders...

IMMUNIZATIONS

All 6th through 12th graders are required to have the Tdap booster, typically given at age 11. The "p" (pertussis) has been added to the standard Td booster to protect teens against whooping cough.

Vaccines required to enter school (K-12):

- Hepatitis B.
- Diphtheria, tetanus, pertussis (DTap).*
- Inactivated poliovirus (IPV).*
- Measles, mumps, rubella (MMR).*
- Varicella (chicken pox).*
- Tetanus, diphtheria, pertussis (Tdap).**

*Students 4 through 6 years of age are required to have their final doses of DTaP, IPV,MMR and Varicella prior to kindergarten entry. **Students are required to have Tdap prior to entry into 6th grade. One dose of Tdap is required for 6th through 12th grades.

If you cannot get in to see your doctor before school starts, you can also get required immunizations at Walgreens, King Soopers, and Costco, etc.

For more information, please view the following:

Tdap Vaccine Information

Colorado Department of Health and Environment Letter

Poudre School District Immunizations Website

IMMUNIZATION EXEMPTIONS

If you choose not to vaccinate your student with any of the required immunizations above, you must submit a new *nonmedical* exemption every school year starting July 1st and submit a copy of the completed certificate

Health Office News

continued

to Kinard during registration in August. Visit https://www.colorado.gov/cdphe/vaccine-exemptions for more information and to download the certificate or to complete the online education module.

*There are **two** ways to complete a **nonmedical** exemption with any Colorado school:

1. Submit the Certificate of nonmedical exemption **WITH** a signature from an immunizing provider who is a medical doctor, doctor of osteopathic medicine, advanced practice nurse or delegated physician's assistant.

OR

2. Submit the Certificate of nonmedical exemption received upon the completion of CDPHE's Online Immunization Education Module.

If you submit a Certificate of nonmedical exemption on or before June 30th, it will not be valid for the upcoming school year.

PARENTVUE

You can view most of your student's health record on <u>ParentVUE</u> on the website or ParentVUE app. If you haven't accessed ParentVUE this school year, you will need to wait until August.

In ParentVUE – under Health:

- You can view <u>Nurse Visits</u> how many times your student has visited the health office.
- You can view <u>Health Conditions</u> anything you need to add/change here, you can do so at the beginning of the school year or any time during the school year, and we highly recommend you update this information annually.

MEDICATION

If you need forms for any health/medication reasons for the health office or to self-carry emergency medications during the upcoming school year, please visit the <u>Poudre School District website</u>. Review and print from section *6. Consent for taking medication at school*: <u>Authorization to Administer Medicine</u> (form for medicine stored in the health office) or <u>Carry and Self-Administer Asthma/Allergy Medicine</u> (form to self-carry

Health Office News

continued

emergency, urgent medications {pending nurse approval}) and section 8. Health care action plans for the correct form.

Self-carry is allowed and encouraged in middle school for emergency medications only such as rescue asthma Inhalers, EpiPens (or any Epinephrine injector), Benadryl (severe allergic reactions only), Glucagon, seizure meds, etc. Some families have their student self-carry (backpack/locker/PE locker for after school activities, clubs, athletics, field trips, walking home, etc.) and then store a second medication in the health office if they prefer. Kinard staff is delegated every school year to help & administer a self-carry EpiPen or any Epinephrine injector.

New medication forms are needed every school year and should be filled out by your health care provider and dated after July 1st. The completed forms (double check all the required signatures – front & back if needed) and medication (double check expiration dates {we cannot accept expired meds}) need to be turned into Kinard's health office at the beginning of the school year by a parent/guardian, never by a student.

If you have any questions regarding immunizations or health needs for Kinard during the upcoming school year, please contact:

Heather Julian, Kinard Health Tech, hjulian@psdschools.org 970-488-5441

Jena Gilbert, Kinard School Nurse, jgilbert@psdschools.org 970-698-0120

Health Office Fax Number: 970-488-5433

Mustang Fall Athletics

With the school year fast approaching, we are excited to gear up for fall athletics at Kinard. The fall sports offerings include cross country, football, tennis, and volleyball. Please feel free to reach out to one of our head coaches, our athletic secretary, or our athletic director at any time.

To see a list of all athletic opportunities, be sure to check out the <u>PSD Middle School Sports Season Timelines</u>. A more comprehensive look at our sports offerings can also be found on our <u>Kinard Athletics Website</u>. For 6th grade students, PSD offers athletic participation for cross country, golf, tennis, wrestling, and track and field. For all other sports at the 6th grade level, programming is offered through the <u>City of Fort Collins Recreation</u> Department.

For all middle school sports, student athletes must be registered through SportsEngine, must have a current physical on file at Kinard, and must have paid the \$140 registration fee through <u>SchoolPay</u>. Coaches will not be able to let student athletes participate in tryouts or practice without these three steps completed. For detailed information on how to complete each step, please visit our registration page by clicking here.

Girls Volleyball - Open to 7th and 8th Grade Girls

Team Structure: Volleyball is a cut sport with 36 total roster spots. Varsity, Junior Varsity, C1 and C2 teams.

Preseason Camp: 8/14/23 - 8/16/23

Tryouts: 8/17/23, 8/18/23 and 8/21/23

Practice: Daily in the Kinard gym from 3:30 - 5:00 PM

Season Dates: 8/17/23 - 10/11/23

Football - Open to all 7th and 8th Grade Students

Team Structure: Varsity and Junior Varsity, non cut sport

Preseason Camp: Thursday 8/10/23 - Wednesday 8/16/23, 3:30 - 5:30 PM

Practice: Daily on the Kinard field from 3:30 - 5:30 PM

Season Dates: 8/17/23 - 10/10/23

Cross Country- Open to all Students

Team Structure: Non cut sport

Preseason Camp: 8/10/23 - 8/16/23, 3:30-5:00, meet in the Kinard cafeteria

Practice: Daily starting in the Kinard cafeteria from 3:30 - 5:00 PM

Season Dates: 8/17/23 - 10/5/23

Boys and Girls Tennis- Open to all Students

*Update for 2023-2024: A note regarding district changes to middle school tennis for the 2023-2024 school year. After consideration and input from many stakeholders, middle school tennis has been restructured. Each school will field a Boys Tennis team and a Girls Tennis team. Each team will be composed of 18 players. Schools that have more than 18 boys or 18 girls interested will run tryouts and cut the roster down to 18 boys and 18 girls. All matches will be played in a doubles format. Students who do not make their school team will have the opportunity to play with other middle school students through a new partnership between Poudre School District and Lewis Tennis School. Information will be provided.

Team Structure: 18 boys and 18 girls, cut sport

Preseason Camp: To be determined

Tryouts: 8/17/23, 8/18/23 and 8/21/23- Possibility of extending tryouts

depending on the number of students trying out.

Practice: Daily at Fossil Creek Park tennis courts 3:45 - 5:00 PM

Season Dates: 8/17/23 - 10/5/23

Additional Considerations: Kinard does not provide transportation to or from daily practice. Transportation to Fossil Creek Park is the responsibility of each athlete's family. Transportation to and from Kinard to competition

locations on competition days will be provided by the district.

If you have any questions about athletic registration, please contact our athletic secretary, Mrs. Arnold, at marniea@psdschools.org. If you have other questions regarding athletics, please contact our athletic director, Mr. Healy, at khealy@psdschools.org.

PSD Health & Wellness Centers

The Health & Wellness Centers (operated by Every Child Pediatrics) are OPEN this summer and appointments are AVAILABLE <u>for ANY PSD student</u> for *Sports Physicals*, Well Child Exams, Acute Medical Care, Mental Health Counseling and More...

Summer appointments are available:

July 11th - August 17th: appointments Tuesday - Thursday 8 - 5

\$0-\$35 sliding scale (for qualifying families). No co-pays/deductibles required. We accept Medicaid/CHP+, most insurance plans and offer fee-for -service (\$40 for Sports Physicals) . No student enrolled for care is ever turned away for an inability to pay for services provided at the Center.

The Centers are operated by Every Child Pediatrics, a trusted pediatric and adolescent non-profit provider. Care is provided by licensed health professionals, including Physician Assistants and Licensed Clinical Social Workers. Services include:

- Annual well-child exams/sports physicals
- Health screenings and immunizations
- Diagnosis and treatment for sick visits, colds/flu, infections, sprains, wounds, rashes, asthma etc.
- Prescriptions and in-house lab tests
- Mental health services include skills development, resiliency building, validated screenings and counseling for:
 - ♦ Depression
 - ♦ Anxiety
 - ♦ Substance use
- And much, much more...

continued

PSD Health & Wellness Centers

Call 970.488.4900 to schedule or log on to our website at hwcenter.org for information and forms.

Hablamos español. Pregunte por Janeth.

There are no walk-in appointments; all appointments must be scheduled in advance. We are located on PSD school grounds in two locations: 1. Lincoln Middle School and 2. Centennial High School.