

**August
2025**



**Principal
Lindsey Matkin**

**Assistant Principals
Kyle Healy
Erin LaRue**

**Main Line
970-488-5400**

**Attendance Line
970-488-5401**

**Visit our
website
to learn more about
Kinard.**



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Kinard Middle School



Mustang News

Welcome

Dear Kinard Parents,

Welcome to the 2025-2026 academic school year! We hope that you and your child(ren) have enjoyed a relaxing and rejuvenating summer break. Middle school transitions include very intentional planning and processes, which help parents and students at each grade level. As you will notice in this newsletter, we have scheduled important dates, events, and tasks that need to be accomplished in order to help everyone prepare for the start of the new school year.

The core of our mission is to ensure high levels of learning for all students, preparing them for success in high school, college, and beyond. As we challenge students academically with the rigorous Core Knowledge sequence, we also support students with the developmental tasks that are inherent during early adolescence.

In partnership with you, our incredible parents, we strive to serve our students' learning needs and provide them with smooth transitions and challenging learning experiences throughout their middle school years. Please contact us if you have any questions or concerns.

Thank you for joining us at Kinard, and we look forward to an exciting school year!

Respectfully,

Your Kinard Administrative Team

Kinard Middle School

Is it just a phase?



CAYAC

Child, Adolescent, and
Young Adult Connections

*Helping youth and families find
answers, options and support.*

Health District
OF NORTHERN LARIMER COUNTY

CHILD, ADOLESCENT, AND
YOUNG ADULT CONNECTIONS

970-221-3308

CLICK IT

Click on the
Ads in this
Newsletter

...to learn more about
these great companies!

Get to Know Your School

Want to learn a bit more about our building and what makes Kinard so special? Click the photo to watch a video to learn about Kinard's designation as a Green Ribbon School and how we're paving the way in energy efficiency and conservation!



S&A
HOMES

**Your Family's
Future Starts Here**

WORK WITH SARAH TYLER

your local realtor



Kinard Middle School

Contribution Fund Projects

Thanks to the generous contributions from our Kinard families over the last several years, we have been able to cover all classroom needs and materials, as well as fund some innovative and exciting new all-school projects. The contribution funds from the previous school year were used to purchase some new lunchroom tables that allow for more inclusive seating, new recess equipment, to contribute to our music equipment refresh to allow all students in our music programs to learn with high-quality instruments and materials, new student desks/tables, master locks for our PE & Health classes, new Core Knowledge texts for all three grade levels, a new wrestling mat, a new Morty the Mustang mascot costume, professional learning materials and books for our staff, and a specially commissioned original piece of orchestra music to honor Kinard's 20th year and our namesake, Mr. Hal Kinard! The richness of our classroom programs and the learning experiences of our students are greatly enhanced by the funds from our contribution program. We extend a wholehearted thank you to all who contributed last year! [Click here to learn more](#) about Kinard's contribution fund, and [click here to make a contribution](#) for the 2025-26 school year.

Sponsorship space in this newsletter is extremely affordable!

Reach parents in your local community & a significant portion of your investment goes back to the school!

Want to sponsor this school?

Please contact Rob Mangelson at Rob@tscacolorado.com or (720) 878-4107.



CHECK IN

Medicaid Renewal Requires Your Action.
We Can Help!
HealthDistrict.org

Health District
OF NORTHERN LASIMER COUNTY
970-472-0444

Se Habla Español

Kinard Middle School

Kinard Office Staff Contact Information

Office Hours (starting Aug. 1): Mon – Fri, 8:00 a.m. – 3:00 p.m.

Main Office Line: 970-488-5400

Attendance Line: 970-488-5401 (24 hr. phone service)

Main Office Staff:

Lindsey Matkin Principal 970-488-5403 lmatkin@psdschools.org	Kyle Healy Assistant Principal/Athletic Director 970-488-5415 khealy@psdschools.org
Erin LaRue Assistant Principal 970-488-5410 elarue@psdschools.org	Cecilia Bonertz Academic Dean 970-488-5407 cbonertz@psdschools.org
Theresa Varn Office Manager/Bookkeeper 970-488-5405 tvarn@psdschools.org	Victoria Peairs Secretary/Attendance Manager 970-488-5400 vpeairs@psdschools.org

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Sponsor This School!

YOUR NAME HERE

Click [HERE](#)
Contact Us
Today!

Rob Mangelson
(720) 878-4107

Rob@tscacolorado.com

The School Communications Agency
Supporting Schools & Local Businesses



Kinard Middle School

Kinard Office Staff Contact Information *continued*

Student Services Staff:

Karen Irvine Counselor (students with last names H-Z) 970-488-5408 kirvine@psdschools.org	Patti Young Counselor (students with last names A-G) 970-488-5406 pyoung@psdschools.org
Holly Garcia Registrar/Athletic Secretary 970-488-5414 hgarcia@psdschools.org	Erica Wightman Student Services Secretary 970-488-5416 ewightman@psdschools.org

[Click here](#) to view the Staff Directory on our website for all other staff contact information.

Kinard Yearlong Calendar – Odd, Even, Holidays, & Special Dates



Kinard Middle School 2025-26

ODD/EVEN CALENDAR

AUGUST						
S	M	T	W	TH	F	S
					1	2
3	4	5	B/W	W	B/W	9
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17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

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28	29	30				

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2025

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28	SB	SB	SB			

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FEBRUARY						
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31						

JUNE						
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28	29	30				

JULY						
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**PreK and Integrated Services Transition Programs may have different calendars. Check with the applicable department for details.

T	Transition Day (6th and 9th grade only)
B/W	School not in session - staff on duty (B/W = building workday / W = teacher work time)
E	School not in session - staff exchange day
D	District Professional Learning Day
★	First and Last Day for all Students
SB	School Break - school not in session or Holiday - PSD Closed
	Odd Day
	Even Day

Kinard Middle School

Kinard's Daily Schedule

Kinard Core Knowledge Middle School Daily Schedule 2025-2026

6th Grade Odd days = periods 1,3,5,7 Even days = periods 2,4,6,8	
Period 1 or 2	8:15-9:33
Period 3 or 4	9:38-11:00 (daily announcements)
Period 5 or 6	11:05-11:42
Lunch	11:42-12:17
Period 5 or 6	12:22-1:00
Period 7 or 8	1:05-2:25
ELO	2:30-3:10

7th Grade Odd days = periods 1,3,5,7 Even days = periods 2,4,6,8	
Period 1 or 2	8:15-9:33
Period 3 or 4	9:38-11:00 (daily announcements)
Lunch	11:00-11:35
Period 5 or 6	11:40-1:00
Period 7 or 8	1:05-2:25
ELO	2:30-3:10

8th Grade Odd days = periods 1,3,5,7 Even days = periods 2,4,6,8	
Period 1 or 2	8:15-9:33
Period 3 or 4	9:38-11:00 (daily announcements)
Period 5 or 6	11:05-12:25
Lunch	12:25-1:00
Period 7 or 8	1:05- 2:25
ELO	2:30-3:10

Kinard Middle School

Kinard Website

Our school website is a valuable resource and can often be used as a primary source of information. Visit <http://kin.psdschools.org> to find:

- Daily Student Announcements
- Teacher Websites and Contact Info
- Synergy - StudentVue/ParentVue Login
- Mustang News
- Sports and Club Information
- Kinard's Activity Calendar
- Daily Schedules

Registration Information

August registration is a very important event for Kinard families. Because it is important for students and their transitions and can be a rewarding social opportunity for both students and parents, we strongly encourage all families to attend in-person registration. However, we also offer an [online option](#) for families unable to attend on the scheduled days.

The registration days and times listed below are “drop-in” times; students and parents are not required to be at registration for the full time. However, we do request that a parent attends with your student. If you have students in more than one grade or cannot attend during the suggested date and time, you may choose to attend on a different day or time. However, please keep in mind these dates and times are designed to spread out attendees, so we appreciate your adherence to the specified time if at all possible.

Please park in the front (south) parking lot and enter through the main doors.

We are also seeking parent volunteers to help us run our registration events. If you are interested in volunteering at Kinard and available on any of the days listed below, please sign up [here](#). If you are not already a registered Kinard volunteer, please complete these [steps](#) to ensure you are approved before August 4. At this time of year, it takes a bit longer for the district to process new applications, so we recommend you complete this process as soon as possible.

Kinard Middle School

Registration Information*continued*

Monday, August 4	7 th and 8 th grades	7:30 a.m.- 12:30 p.m. If you are flexible, please consider coming between 8:30 - 11:00 when lines may be shorter.
Tuesday, August 5	6 th grade	7:30 a.m. - 11:30 a.m. If you are flexible, please consider coming between 8:30 - 11:00 when lines may be shorter.
Tuesday, August 12	In-person: Make-up registration All grades	7:30 a.m.-10:30 a.m.
Friday, August 8 through Tuesday, August 12	Online: Make-up registration All grades	<p>We recommend attending in-person registration if possible. However, the following tasks can be completed online. Detailed directions are here.</p> <p>Anytime:</p> <ul style="list-style-type: none"> • Record name pronunciation in ParentVUE • Pay annual contribution and athletic fees • Complete other tasks (organize binder and supply bag (6th grade), order yearbooks, register for athletics, order Kinard Spirit Gear) <p>After August 8:</p> <ul style="list-style-type: none"> • Update information in ParentVUE • Print class schedule • Get locker # and combination

Kinard Middle School

Registration Information*continued*

Friday, August 8 through Tuesday, August 12	Online: Make-up registration All grades	Online registration will also require bringing in new or updated health information, notifying us of any changes in student's information that can't be updated online, and turning in athletic forms. These in-person tasks can be completed from 7:30 - 2:30 on August 11 - 13. We appreciate completion by the first day of school so we can shift our focus to transitioning students.
Wednesday, August 13 Thursday, August 14	6 th grade – first day of school 7 th and 8 th grades – first day of school	8:15 - 3:10 (students' school day) 7:30 a.m. – 9:00 a.m. (registration on both days) While we highly recommend registering prior to the first day of school, staff will also be available for registration during the morning prior to the first days of school. This should only be considered an option if you have been out of town or otherwise unable to attend registration on the scheduled days.

During registration, parents will be asked to update information online, pay an annual contribution, drop off health and immunization records, register for athletics, and order yearbooks. Students will receive their class schedules and locker assignments and may access their lockers. School staff will be available to answer questions about schedules, athletics, and life as a Mustang. ***We will not be taking school photos or distributing school laptops until after school has started.***

Kinard Middle School

Registration Information

continued

Here are additional details to help ensure a smooth registration process and an amazing start to our school year!

- **SchoolPay, Online Payment System:** SchoolPay is PSD's online system to allow families to pay for a variety of school-related items, including supplemental food items, athletic participation fees, annual contributions, field trips, and school-related merchandise.
 - ◇ To learn more about SchoolPay, visit the district's [website](#).
 - ◇ To set up a SchoolPay account, click [here](#).
 - ◇ Colorado's Healthy School Meals for All Program allows public schools to provide free meals to all students. There will continue to be a charge for supplemental food items.
- **Kinard Contribution Campaign:** In order to fund special projects and student experiences, we request an annual contribution for each student.
 - ◇ Read an [overview and letter](#) from Principal Lindsey Matkin regarding the annual contribution program.
 - ◇ You can make a contribution at registration by credit card, check, or cash. You may also participate ahead of time by using [SchoolPay](#) (SchoolPay may not be updated by the district until after August 1 so try again later if the site shows "item is unavailable"). ***You may avoid the service fee by making payments at registration.***
- **Supplies:** Click [here](#) to see our supply lists for all grade levels. If your child is a 6th grader, we are asking for your help in organizing your child's binder and supply bag before the first day of school. Please use this [video](#) and/or this [handout](#) as a guide to help support our students and reduce their potential frustration when 30 students try to perform this task at the same time under the direction of 1 adult. If you have concerns about supplies or binder setup after watching the video, a staff member will be available at 6th grade registration to answer questions. Students can also ask questions on the 1st or 2nd day of school. 7th and 8th graders are also welcome to use the video as a general guide, but they are not required to organize their binder in the same way.

Kinard Middle School

Registration Information

continued

- **Athletics:** Click [here](#) for more information about athletics, the registration process, and required forms. The PSD athletics site is hosted by SportsEngine, and it will continue to be updated between now and the beginning of the sports' seasons. Kinard must have a current and valid physical release from a physician before students can start practice. Please bring a copy of your child's most recent physical so that your child is prepared to participate. We will have a representative available at registration to answer questions.
- **Health and Immunizations:** Please bring a paper copy of your student's most recent, updated immunization records and any documentation related to medications. Click [here](#) for additional information from our health office.
- **Lockers:** Students will be given locker information and are welcome to stock, arrange, and decorate their lockers during registration. Click [here](#) for guidelines for decorating lockers.
- **Laptops:** We will check out student laptops during the first week of school. Please review the [2025-2026 Student Technology and Computer Use Agreement & Tips for Caring for Your Laptop](#) with your child and emphasize the importance of understanding and following these guidelines.

These are the required tasks to update/complete electronically. You may do this ahead of time, or we will have computers and someone to answer questions available on registration day.

- **Student Individual Profile:** Please log in to [ParentVue](#) and go to "Online Registration/Data Verification" in the upper right corner of the screen. Please verify that all information is accurate. You, as the parent, can edit emergency contacts. If you need to change your address or contact information, you can do that at registration or by visiting our student services office.
- ◇ **Information Release:** One of the final screens in this verification process concerns information release (photos and interviews). Carefully consider the information release options presented toward the end of the verification process. We are committed to

Kinard Middle School

Registration Information

continued

honoring your wishes but have found this to be a frequently misunderstood request. It becomes a time-consuming process for us to check pictures against our list of students who have “do not publish” requests, so we want to make sure the list is properly updated. Please be assured we are not questioning your choice, just confirming it. Please see more information [here](#).

- Name Pronunciation: It is important to us to learn students’ names quickly and correctly. Especially if your child has a name that is often mispronounced, please consider recording the correct pronunciation within ParentVUE or StudentVUE. Once you have logged in and chosen a specific child, you can record the proper pronunciation using the audio icon near the student’s name and picture. This can only be done on the mobile application and not on a computer.
- [2025-2026 Students Rights & Code of Conduct](#)
 - ◇ Click [here](#) to access Student/ParentVUE to acknowledge the PSD Code of Conduct.
 - ◇ *Parents and secondary students must electronically sign and acknowledge they have received and read the Code of Conduct before gaining access to Student/ParentVUE for the year.*

These are the optional tasks to complete electronically. You may do this ahead of time, or we will have computers and someone to answer questions available on registration day.

- Skillman Photography Order Form: We will not be taking pictures during registration this year. Plan for school pictures on August 21, make-up pictures on August 29, and retakes on October 13. On these days, pictures will be taken of all students but ordering a package is optional. Use the school code **KCMS2025** to order pictures on Skillman’s [website](#) or by using this [form](#). Please note that this code is not yet active on Skillman’s website but should be very soon! Order forms will also be available during registration and in the main office.

Kinard Middle School

Registration Information

continued

- Yearbook Online Order Form: Click [here](#) to order a yearbook.
- Kinard Spirit Gear: We will send information about our school store as soon as it is available. Get ready to order fun Kinard gear and show your Mustang pride!

We look forward to having a great 2025-2026 school year! If you have questions about registration, please contact Cecilia Bonertz, Academic Dean, at 970-488-5407 or at cbonertz@psdschools.org.

6th grade Transition Day

School for 6th graders begins on Wednesday, August 13 from 8:15 a.m. to 3:10 p.m. This is a valuable and beneficial transition day for our newest mustangs. 6th graders will meet the Kinard staff, become acquainted with the school, begin to connect with new peers, and be mentored by 8th grade WEB leaders. School starts for 7th and 8th graders on Thursday, August 14. 6th grade families will receive a detailed email about this transition day soon. If you have questions about the 6th grade transition day, please contact Karen Irvine, counselor, at kirvine@psdschools.org or (970)488-5408.

Student Cell Phone Use at School

In accordance with the US Surgeon General's 2023 [Report](#) and in response to learning environment challenges caused by cell phone usage, Poudre School District implemented a Cell Phone Free Policy last school year. Kinard students, staff, and families reported overwhelmingly favorable responses to this policy and its positive impact on our school environment, including an increase in students' connections to each other and sense of belonging at school and a decrease in unnecessary distractions during learning time. We will be continuing to follow the same policy this year.

In accordance with [PSD Board Policy JICJ](#): Student Possession and Use of Personal Communication Devices, the use of cell phones or any other electronic device will not be permitted during school hours at Kinard. Our

continued on next page

Kinard Middle School

Student Cell Phone Use at School *continued*

purpose is to ensure that students focus on learning and engage fully in school activities without the distractions caused by cell phones. We aim to create a productive learning environment that promotes academic success and personal development for every student.

Students will not be permitted to use or display cell phones during school hours. This includes classrooms, hallways, restrooms, and any other areas within the school premises. Cell phones must be turned off and out of sight. Cell phones can be stored in lockers or designated areas upon arrival at school and may only be retrieved at the end of the school day.

In case of an emergency, students may use the school office phone or request permission to use their cell phones under supervision. Parents needing to contact their children during school hours should call the school office at 970-488-5400 and messages will be relayed promptly. For more Kinard specific information on how we implement this district policy, [click here](#).

Order Your Kinard Spirit Gear!

Are you looking to get in the Mustang spirit with some new Kinard apparel? Order now from Garretson's Sport Center! [Click here to purchase online](#). Check it out to see what new Kinard spirit gear you may want to purchase. The first ordering window will close on Sunday, September 7, so order now to get your items as soon as possible. We will offer a second ordering window later in the fall.

Back to School Night

Please join us on Thursday, August 28 from 5:30 - 8:30 p.m. for Back to School Night at Kinard. This is a great opportunity for parents to meet teachers, tour classrooms, and gain insight into a variety of school resources to support your child's learning throughout the year. More information regarding the specifics of this evening will be coming soon. We hope to see you there!

Kinard Middle School

Order the Kinard 2025-26 Yearbook now!

We are excited to share with you options for ordering your child a copy of Kinard's 2025-2026 award-winning yearbook! Prices usually increase throughout the year, so order now for the best deal! For your convenience, we have several ordering options:

- You can order a yearbook online at [Jostens.com](https://www.jostens.com) now!
- You can complete the online order form using a computer during Kinard's registration process.

The yearbook staff looks forward to another year of collecting memories for the Kinard community! If you have questions about our yearbook, please contact the Yearbook Adviser, Mrs. Lonac at alonac@psdschools.org.


KINARD MIDDLE SCHOOL


Now is the time to order your 2026 yearbook.
Don't miss out on the BEST yearbook yet!

Buy Your Yearbook Now at the Lowest Price
of the Year.

CLICK TO ORDER

ORDER YOUR COPY TODAY

 www.JostensYearbooks.com

 1-877-767-5217



Kinard Middle School

Save the Date!

We are very excited to announce our first community social event of the year on Thursday, September 4. Please plan to join us for a get-to-know you event with food trucks, music, games, a wellness fair, and fun for the whole family! We plan to get together in the Kinard courtyard and athletic fields from 5:00-7:00 p.m. More information and a request for volunteers will be coming soon! If you are interested in helping to coordinate this event for us, please reach out to Cecilia Bonertz, Academic Dean, at cbonertz@psdschools.org or (970)488-5407.

Parent Partnership

The Kinard Parent Partnership is a group of dedicated parent volunteers who are an integral part of the success of our school. We have a variety of opportunities for parent involvement, and many of our events depend heavily on the dedicated efforts of our parent community. Examples of ways parents can contribute are by coordinating appreciation activities for our staff, creating common area bulletin boards, serving students in our media center, and helping at events (i.e. the September 4 social event, registration, conferences, incoming 6th grade family night, vision and hearing testing, 8th grade celebration, yearbook distribution, and last day picnic).

We are holding a kick-off meeting for all interested parents at 8:30 a.m. on Friday, August 22, in our media center. The purpose of this meeting will be to communicate about our planned activities and elicit parent volunteers. We will also spend time planning the social event to be held on September 4. If you are unable to attend but would like your name to be included on our potential volunteer list, please email Cecilia Bonertz, Academic Dean, at cbonertz@psdschools.org.

School Safety Protocols

Code of Conduct – As part of registration, you will electronically acknowledge through Parent/StudentVUE that you have read the 2025-26 Student Rights & Code of Conduct. Before completing this important form, please make time to review the PSD academic and behavioral expectations with your child in PSD's [Student Code of Conduct](#). Additional paper copies of the Code of Conduct are available at each school, at the Johanssen Support Services Center, or on the PSD website.

Kinard Middle School

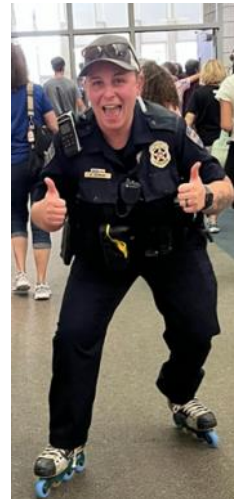
School Safety Protocols

continued

Meet Our School Resource Officer

Kinard's SRO is Officer Kate Garcia. School Resource Officers are certified police officers based at district middle and senior high schools. The goals of the School Resource Officer program are to:

1. Provide a safe learning environment and help reduce school violence;
2. Improve school and law enforcement collaboration; and
3. Improve perceptions and relations between students, staff, and law enforcement officials.



Kinard Traffic Expectations-

1. Thank you for obeying the **speed limit on Trilby (25 MPH)**
2. **No U-Turns on Trilby** - Please proceed westbound and utilize the round-a-bout if you need to turn back towards Ziegler Rd.
3. **Eastbound traffic on Trilby turning left** into the south parking lot should **fully merge into the center lane and yield between the cones** ensuring that the thru lanes are clear at all times.
4. **Please do not drop off or pick up students on Trilby or Ziegler Roads.** Instead, please help our community to stay safe and minimize driver frustrations by picking up your child inside of our traffic oval, just outside of the main entrance to our school.

Kinard Middle School

School Safety Protocols

continued

5. **During afternoon pickup**, please survey and **fill all parking stalls** in the south parking lot prior to queuing on the shoulder of Trilby Rd.
 - If you are waiting to pick up your child curbside, please make sure that your wheels are fully in the gutter as far away from the thru lane as possible.
 - Please do not stop your vehicle and wait to pick up your child in between the lines of parked cars. This creates an unsafe situation for children crossing in front of other cars driving in the thru lanes.
 - If queued on the north side of Trilby Rd., please move with the traffic entering the oval. Do not stop and wait for your child on Trilby Rd., as it blocks cars from entering the oval.
6. Please **do not enter the north parking lot** in the back of the school to pick up your children. This curb is marked for emergency vehicles and buses only.

Morning Drop-Off Expectations

Upon entering the Kinard oval, you will notice two lanes along the oval. If you are dropping off your child, you must stay on the outside lane. The inside lane is a drive-thru lane that facilitates afternoon pick-up and allows for parents to enter the parking lot for parking only.

Drive along the oval and as far west as possible, up past the music entrance, before dropping off students. If the traffic inside the oval comes to a stop, and you are next to a sidewalk, you will drop off your child, and they can use the sidewalk to walk to the main doors without risk.

Afternoon Pick-up Expectations

You may wait along either the Kinard oval, E. Trilby, or the south parking lot. School ends at 3:10 p.m. Many parents begin arriving at 3:00 p.m. Once you're parked and it is after 3:10 p.m., use cell phones to communicate your location with your child. As traffic begins to move, make sure you are moving with traffic entering the oval. Do not park and wait along the north side of Trilby Rd. as this blocks cars from entering the oval. Once you have picked up your child, you may use the drive-thru lane to move around the oval. No U-turns and electronic devices after the pick-up (safety first).

School Safety Protocols

continued

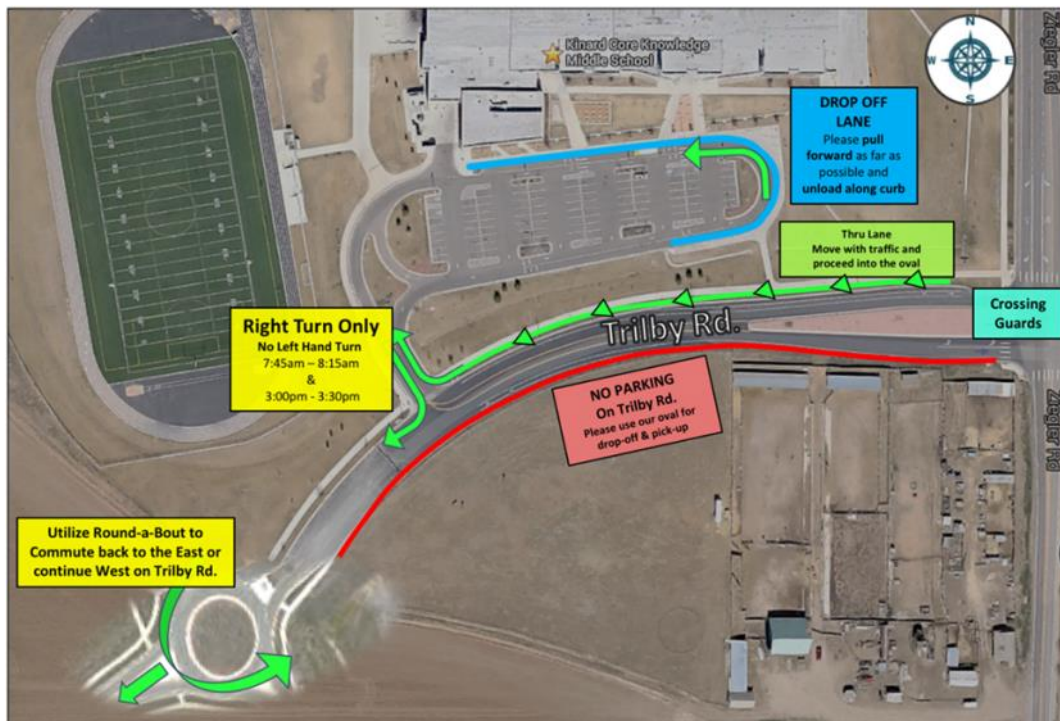
School Zone

For the safety of us all, please remember that Kinard has a **20 MPH school zone** running north and south of Trilby/Lady Moon before and after school.

Crossing Guards/Supervision

Kinard staffs four crossing guards, who are present at the intersection of Trilby and Ziegler in the morning and afternoon, to support students safely crossing the street. Please follow their directions to make safety the top priority.

Kinard staff will be present in the mornings and afternoons to supervise students, to help keep the process flowing smoothly, and to assist students and parents in crossing the street at the crosswalks leading into the south parking lot. Students need to be dropped off along the sidewalk where they do not have to cross the street when possible. **Please remember that Kinard staff are not trained traffic directors, they are simply there to help facilitate student safety.**



Athletic Game Parking – All parking for athletic games is located in the north oval and grass field. There is an access ramp that is marked by cones, signage, and personnel on most game days.

Bicycles – Students are encouraged to walk or ride their bikes to Kinard. There are bike racks available for students who ride to school. The bike racks are located on the south side of the school building on the sidewalk. We encourage students to ride their bikes to school and to wear a helmet.

Kinard Middle School

School Lunches

We are excited to share that all students will once again receive **one free breakfast and lunch daily** in 2025-26 through the Healthy School Meals for All program! This statewide program started two years ago and is helping Colorado children and teens have access to nutritious food at our school. Students will still need to pay if they want additional, supplemental items (for example, bottled water). You can add money for these items to your student's account via [SchoolPay](#).

Even though breakfast and lunch will be provided for free, we need families to **continue sharing household income information** through the Free and Reduced Meal Benefits form in order for our district to receive full access to federal funding. These additional funds will go directly back to Poudre School District to help cover the cost of meals and other nutritional programs. Plus, families who qualify may receive discounted school activity fees, community activity fees, utilities support and more! As always, all household income information will be kept confidential, and protected by law. Immigration, migrant, citizenship or refugee status is not required when completing the form.

Be sure to fill out the Free and Reduced Meal Benefits form as part of your back-to-school registration! If you have questions or would like additional support, please reach out to Child Nutrition at 970-490-3557 for more information.

- **Free and Reduced-Price Meal Application:** Families can apply online at <https://www.myschoolapps.com/Application> or pick up a paper application at your child's school. Applications must be completed annually to stay registered for the program. Your child's free or reduced-price meal eligibility status is confidential.
- Once approved for free and reduced-priced meals, complete **PSD's Permission to Share Information for Fee Waivers and Programs to Receive Goods and Services Form**. This form is available online through the [PSD ParentVUE portal](#). Completing this form gives PSD's Child Nutrition Department permission to share your child's eligibility status with other district officials. These officials must also maintain confidentiality of your child's eligibility status. *You must fill out the Permission to Share form each year.*

Kinard Middle School

School Lunches

continued

Biometric Screening Information

- This will be the third year that all PSD schools will use a biometric scanning system in the cafeteria. The biometric screening system uses finger scanning technology to count how many students receive school meals; this count is required by the USDA. The system does not store a picture of a student's fingerprints and is only used to count meals served.
- Data collected is maintained locally by the PSD Information Technology Department, and none of the information in the system is sent externally or stored on the internet. Plus, the system helps ensure students get through lines more quickly to receive school breakfast and lunch – both of which will remain free of charge this year.
- A parent or guardian can opt a student out of biometric screening by completing a form on ParentVUE.
- Please send any questions to nutrition@psdschools.org.

Health Office News

This is an overview of required immunizations, immunization exemptions, ParentVUE, and any medications (if needed) for Kinard's health office.

At Kinard's registration in early August, please bring:

6th graders: A copy of your student's most updated immunization record to reflect having received the required **TDAP** vaccine or your completed immunization exemption certificate or form.*

7th & 8th graders: If you are new to Poudre School District, please bring a copy of your student's most updated immunization record or your completed immunization exemption certificate or form.* If immunizations were 100% complete for your student in 6th grade, you are most likely 100% complete for 7th & 8th grade.

Kinard Middle School

Health Office News

continued

IMMUNIZATIONS

Colorado law requires students who attend a public, private, or parochial kindergarten through 12th grade school to be vaccinated against many diseases vaccines can prevent, unless a certificate of exemption is filed.

Your student must be vaccinated against:

- ◇ Diphtheria, tetanus, and pertussis (DTaP, DTP, *Tdap*)
- ◇ Hepatitis B (HepB)
- ◇ Measles, mumps, and rubella (MMR)
- ◇ Polio (IPV)
- ◇ Varicella (chickenpox)
- Colorado follows recommendations set by the Advisory Committee on Immunization Practices.
 - ◇ Students entering kindergarten must receive their final doses of DTaP, IPV, MMR and varicella.
 - ◇ *Students entering 6th grade must receive one dose of Tdap vaccine, even if they are under 11 years of age.*
 - ◇ If you cannot get in to see your doctor before school starts, you can also get the required immunization at Walgreens, King Soopers, and Costco, etc. For more information on immunizations, please visit the following links: [Tdap Vaccine Information, Colorado Department of Health and Environment Letter](#), Poudre School District [Immunizations](#)
 - ◇ All recommendations are on the [Centers for Disease Control vaccine schedule web page](#).
- Vaccines are recommended for hepatitis A, influenza, meningococcal disease, and human papillomavirus, but are not required.

IMMUNIZATION EXEMPTIONS

If you choose not to vaccinate your student with any of the required immunizations above, you must submit a new **nonmedical** exemption every school year starting July 1st and bring a copy of the completed certificate to

Kinard Middle School

Health Office News

continued

Kinard during registration in August. Visit <https://www.colorado.gov/cdphe/vaccine-exemptions> for more information and to download the certificate or to complete the online education module.

*There are **two** different ways to submit a **nonmedical** exemption to any Colorado school:

1. Submit the Certificate of nonmedical exemption **WITH** a signature from an immunizing provider who is a medical doctor, Doctor of Osteopathic Medicine, advanced practice nurse or delegated physician's assistant.

OR

2. Submit the Certificate of nonmedical exemption received upon the completion of CDPHE's Online Immunization Education Module (print out). *If you submit a Certificate of nonmedical exemption on or before June 30th, it will not be valid for the upcoming school year.*

PARENTVUE

You can view most of your student's health record on [ParentVUE](#) on the website or ParentVUE app. If you have not accessed ParentVUE this school year, you will need to wait until August.

In [ParentVUE](#) – under Health:

- You can view Nurse Visits – how many times your student has visited the health office.
- You can view Health Conditions – anything you need to add/change here, you can do so at the beginning of the school year or anytime during the school year, and we highly recommend you update this information with us annually.

MEDICATION

If you need forms for any health condition for the upcoming school year, please visit the [Poudre School District's Health Services for Students website](#). Review and print from **Medications and Health Care Guidance**

Kinard Middle School

Health Office News

continued

Plans (HCAPS) under Quick Links on the right side. If your student is managing a specific health condition, you will find resources and required forms available in the specific sections as you scroll down the web page.

Medication Forms:

[Authorization to Administer Medicine](#) is a 1-page form used to have meds stored in the health office at Kinard and staff will administer daily or as-needed; if a HCAP applies (see the applicable conditions bolded below) – please turn it in with the authorization med form.

Health Conditions, Plans and Medications:

Self-carry is allowed and encouraged in middle school for emergency medications only, such as rescue asthma inhalers, EpiPens (or any Epinephrine injector), Benadryl, etc. (severe allergic reactions only), Baqsimi, seizure meds, etc. Some families have their students self-carry their med (backpack/locker/PE locker for after school activities, clubs, athletics, field trips, walking home, etc.) and store a second med in the health office.

[Carry and Self-Administer Asthma/Allergy Medicine](#) is a 2-page form for a student to self-carry their own emergency or urgent medications {pending nurse approval}. Please turn this in with the appropriate HCAP – every HCAP also has a **self-carry section/box that needs to be checked**.

- **Allergies & Anaphylaxis HCAP**
- **Asthma HCAP**
- **Diabetic HCAP**
- **Headache/Migraine HCAP**
- **Seizure HCAP** (not a self-carry box on the form, please use the *Carry and Self-Administer Prescribed Medicine at School or School-Sponsored Activity* form)

The self-carry medication **does not** get turned into the health office, just the med form(s) and a copy of the RX label. Kinard staff is delegated every school year to help or administer a self-carry EpiPen or any Epinephrine injector.

Kinard Middle School

Health Office News

continued

New health/medication paperwork is needed every school year (nothing is saved from the previous school year) and should be filled out by your healthcare provider and dated after July 1st. The completed paperwork (double check all the required signatures – front & back if needed) and medication (double check expiration dates {we cannot accept expired meds}) can be turned into Kinard's health office at the beginning of the school year.

If you have any questions regarding immunizations or health needs for Kinard during the upcoming school year, please contact:

-Abbie Tusing, Kinard Health Tech, atusing@psdschools.org 970-488-5441

- In the health office daily during the school year

-Jena Gilbert, Kinard/PSD School Nurse, jgilbert@psdschools.org 970-698-0120

- In the health office once a week during the school year

-Health Office Fax Number: 970-488-5433

Mustang Fall Athletics

With the school year fast approaching, we are excited to gear up for fall athletics at Kinard! The fall sports offerings include cross country, football, tennis, and volleyball.

To see a list of all athletic opportunities, be sure to check out the [PSD Middle School Sports Season Timelines](#). A more comprehensive look at our sports offerings, including coaches' names and contact information can also be found on our [Kinard Athletics Website](#). For 6th grade students, PSD offers athletic participation for cross country, golf, tennis, wrestling, and track and field. For all other sports at the 6th grade level, programming is offered through the [City of Fort Collins Recreation Department](#).

For all middle school sports, student athletes must be registered through SportsEngine, must have a current physical on file at Kinard, and must have paid the \$150 registration fee through [SchoolPay](#). Coaches will not be able to let student athletes participate in tryouts or practice without these three steps completed. For detailed information on how to complete each step, [please visit our registration page by clicking here](#).

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Kinard Middle School

Mustang Fall Athletics

continued

Fall Sports Information:

****Please review tryout and start dates carefully as several sports start prior to the first day of school this year!***

Girls Volleyball - Open to 7th and 8th grade girls

Team Structure: Volleyball is a cut sport with 36 total roster spots- Varsity, Junior Varsity, C and D teams.

Preseason Camp: 8/7/25 - 8/12/25 3:30 - 5:00 PM in the Kinard main gym

Tryouts: 8/13/25 - 8/15/25 3:30 - 5:00 PM in the Kinard main gym

Practice: Daily in the Kinard gym from 3:30 - 5:00 PM

Season Dates: 8/13/25 - 10/8/25

Football - Open to all 7th and 8th grade students

Team Structure: Varsity and Junior Varsity, non-cut sport

Practice: Daily on the Kinard field from 3:30 - 5:30 PM

Season Dates: 8/7/25 - 10/7/25

Cross Country- Open to all students

Team Structure: Non-cut sport

Preseason Camp: 8/14/25 - 8/20/25, 3:30-5:00, meet in the Kinard cafeteria

Practice: Daily starting in the Kinard cafeteria from 3:30 - 5:00 PM

Season Dates: 8/21/25 - 10/9/25

Boys and Girls Tennis- Open to all students

Team Structure: 18 boys and 18 girls, cut sport. All matches will be played in doubles format

Preseason Camp: 8/7/25 - 8/12/25, 3:45 - 5:30 at Fossil Creek Park tennis courts

Kinard Middle School

Mustang Fall Athletics

continued

Tryouts: 8/13/25 - 8/15/25, 3:45 - 5:30 at Fossil Creek Park tennis courts

Practice: Daily at Fossil Creek Park tennis courts 3:45 - 5:30 PM

Season Dates: 8/13/25 - 10/1/25

Additional Considerations: Kinard does not provide transportation to or from daily practice. Transportation to Fossil Creek Park is the responsibility of each athlete's family. Transportation from Kinard to competition locations on competition days will be provided by the district. The district will not provide return transportation back to Kinard. Parents/guardians are responsible for picking up their child from the competition site.

If you have any questions about athletic registration, please contact our athletic director, Mr. Healy, at khealy@psdschools.org.

PSD Health & Wellness Centers

The Health & Wellness Centers are OPEN this summer and appointments are AVAILABLE for ANY PSD student for **physicals**, medical care, counseling, and more! Click [here](#) to visit the website.

No co-pays/deductibles. accepted. \$0-\$35 sliding scale (for qualifying families). Most commercial insurances are accepted, including Medicaid and CHP+, and we offer a sliding fee scale. ***No student enrolled for care is ever turned away for an inability to pay for services provided at the Centers.***

The Centers are operated by Every Child Pediatrics, a trusted pediatric and adolescent non-profit provider. Care is provided by licensed health professionals, including Physician Assistants and Licensed Therapists. Services include:

- Annual well-child exams/sports physicals
- Health screenings and immunizations
- Diagnosis and treatment for sick visits, colds/flu, infections, sprains, wounds, rashes, asthma etc.
- Prescriptions and in-house lab tests

Kinard Middle School

PSD Health & Wellness Centers

continued

- Mental health services include skills development, resiliency building, validated screenings and counseling for:
 - ◇ Depression
 - ◇ Anxiety
 - ◇ Substance use
- And much, much more...

Call 970.488.4900 to schedule or log on to our website at hwcenters.org.

Sorry ~ no walk-ins. **Appointments must be scheduled in advance.**
Summer services provided at Lincoln Middle School and Centennial High School.

¡Hablamos español! Pregunte por Janeth o Valeria o Bella.



Creating Healthy Learners Better Prepared
for Academic and Life Success

every
child
PEDIATRICS

Providing high-quality health care to
all children, regardless of their family's
insurance status or ability to pay